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TECH LOVERS rejoice

PAGE 22

BT Calgary's Gadget Guy Mike Yawney provides the scoop on Apple's newest tech. COURTESY MIKE YAWNEY

Mount Royal eyes massive rebuild of its residences

Students. Providing more jobs, capacity and attractions among benefits of idea in early discussions

JEREMY NOLAIS
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Mount Royal University (MRU) is exploring a potential multimillion-dollar residence redevelopment that could provide attractions for thousands while better utilizing space.

MRU president David Docherty told Metro initial discussions have begun between his administration and developers of a 3,200-residence site across Richardson Way Southwest at the old Currie Barracks site.

The plan would be to tear down portions of the townhouse-style student residence on the east side of campus and replace it with apartments outfitted on the ground level with restaurants, shops and other businesses.

Benefits would include amenities for both students and nearby residents, added capacity for on-campus living and far more part-time employment opportunities.

"It's about how we build a little community" Docherty said.

"That's actually really exciting."

No cost estimates were available Wednesday as discussions are still considered preliminary, but the construction bill for the latest student-living tower at SAIT Polytechnic came in at $53 million.

Alex Campbell, an 18-year-old pursuing a music diploma at MRU, was intrigued by the idea.

"My program's really demanding — I don't have time to take the bus to a job," he said. "If there was something I could do here that would be way better."

The Currie Barracks development, being steered by Canada Lands Co., would also feature numerous amenities and the interest of working with the university seems to have peaked the interest of officials.

Big news at the zoo

Maharani, one of the largest residents at the Calgary Zoo, is pregnant PAGE 4

Potential chaos ahead?

Air Canada's biggest union is threatening to strike as March break travel season approaches PAGE 10

It's heading our way

The biggest solar storm in five years is racing toward earth and may disrupt airplane flights, power grids PAGE 14

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Social media

#projectkris party cancelled: Mother

Plans for a massive high school party that gained global attention on Twitter have been terminated and the mother of the host says a valuable lesson has been learned.

Kris Moorey had planned to draw hundreds — if not thousands — of partiers to his parents house Saturday, promoing the event using hashtag #projectkris.

His mother, Billie Moorey, said Wednesday that won't be happening and she is enlisting help to guard her property from any unruly people still planning to attend.

"It just shows you how social media gets out of hand," Billie Moorey said, adding she hopes her son uses the hashtag now to promote anti-drug messages.

JEREMY NOLAIS/METRO CALGARY

Courts and crime

Informant testifies in triple-murder trial

Testimony from a police informant singled out the accused in a Calgary triple-murder trial as one of three gunmen responsible Wednesday.

The person, who can only be identified as M.M., claimed Real Honorio participated in the pre-planned execution of Sanjeev Mann.

On New Year's Day 2009, Mann, friend Aaron Bendle and bystander Keni Su'a were killed at Calgary's Bolsa Restaurant.

Two other individuals, Michael Roberto and Nathan Zuccherato, have already been convicted in the killings. METRO

Politics. Gloves come off as Tories take to radio with ads attacking Wildrose party

Alberta's governing Progressive Conservatives are taking their gloves off in the run-up to the election, with radio attack ads calling the opposition Wildrose party dangerously irresponsible.

The ads, which begin airing on radio stations in Calgary on Thursday, denounce the Wildrose campaign, led by party leader Danielle Smith, to thwart controversial new drunk-driving rules. They urge voters to think twice before marking an X.

"Danielle Smith and the Wildrose — not worth the risk," intones the closing line on the 30-second ad.

Tory campaign director Susan Elliott said the misinformation being spread by the Wildrose on Bill 26, the Traffic Safety Amendment Act, could not be left unchallenged, especially after the Wildrose tied it to a gimmicky drink coaster campaign.

"We're very concerned about the message that the Wildrose would appear to be sending, that it's OK to have several drinks and get behind the wheel of your car and drive home," Elliott said Wednesday.

Vitor Marciano, spokesman for the Wildrose, said his party also wants a crackdown on drunk drivers, but added the bill was passed in haste without due consultation of the ramifications.

"Albertans are ... also deeply concerned because it indicates this government passes legislation without listening to anybody," said Marciano. THE CANADIAN PRESS

Wildrose Party Leader Danielle Smith. THE CANADIAN PRESS FILE

Ald. says more signage needed for parking ban

Compliance. More than 90 per cent of local drivers complied with the snow -route parking ban Tuesday

KATIE TURNER
katie.turner@metronews.ca

The vast majority of motorists made it through the recent snow-route parking ban without incurring fines; however, one aldermen who didn't come away unscathed wants changes.

Ald. John Mar was among the 10 per cent who didn't comply with the less-than-24-hour ban, although he says he believes his $40 fine is due to a lack of signage.

"I took pictures of it to indicate that there was no signage," he said of the ticket he was issued while parked on 8th Avenue Northwest "That's something we need to invest in if we're going to be going out there and fining people."

Sean Somers, spokesperson for the city's roads department said, ideally, they would like to see 100 per cent compliance and are open to making changes to improve the program.

"We have placed some 4,000 signs along snow routes," said Somers. "Like any other responsible business, we operate within a budget."

Somers said the cost of the 4,000 signs was $300,000.

Ban tickets

- **1,358.** A total of 1,358 parking tickets were issued before the ban was called off Wednesday morning.
- **4,140.** During the first snow event in December, 4,140 warning notices were handed out.
- **80 per cent.** About 80 per cent of drivers complied with the ban during the first snow event.

Most Calgarians complied with the recent snow-route parking ban, but one alderman says more signs are needed around the city. METRO FILE

1 NEWS

On the web

Student protests

Four people were injured during student protests as Quebec's battle over tuition-fee hikes took a nasty turn Wednesday. Watch at metronews.ca/video

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Zoo. Elephant pregnant

Staff members at the Calgary Zoo are crossing their fingers as one of its largest residents has been granted a third shot at motherhood.

Maharani, a female elephant known by Rani for short, previously lost two calves — one in 2006 and another in 2008.

The first succumbed to an infection three weeks after being born and the second died of herpes virus, a common ailment of Asian elephant species.

Now, the 21-year-old is 10 months into a 22-month pregnancy, and zoo staff are taking extra precautions in hopes of helping Rani's third child lead a long and healthy life, said area supervisor Colleen Baird.

"We are talking to reproduction specialists.... We're also making some modifications to our exhibit," Baird said.

The zoo has had success with elephant pregnancies in the past — Rani herself was born locally and continues to live with her mother and two other trunk-swinging residents.

Rani will add about 500 pounds onto her frame during the pregnancy, but zoo visitors will struggle to see the difference, Baird said.

If all goes well, staff are planning for a birth in early 2013. **JEREMY NOLAIS/METRO**

Rani is seen in this photo from 2009. METRO FILE

Taxpayers. Albertans pay $261K for a committee that doesn't meet

The largest committee in the Alberta legislature is taking home some dubious hardware for wasting taxpayer dollars.

The Canadian Taxpayers Federation says the 21 members of the all-party standing committee on privileges each receive a thousand dollars a month for their work, but they haven't sat in over three years.

Committee chairman Ray Prins defends the work, saying the members still have to be on standby to meet.

Another member, Tory Genia Leskiw, says she hasn't made up her mind if the work constitutes value for money.

The committee includes members of all opposition parties.

The Taxpayers Federation estimates the cost of the committee is $261,000 a year. **THE CANADIAN PRESS**

SW residents make traffic congestion an election issue

Congestion. Community associations encourage residents to question provincial candidates about Glenmore Trail fix

KATIE TURNER
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Candidates in the upcoming provincial election could get an earful while door knocking from Calgary-West residents who plan to voice their concerns about traffic congestion.

Brent Mielke, with the Springbank Hill Community Association, said letters were sent to residents encouraging them to ask the question: "What are you going to do to fix Highway 8?"

Highway 8, more commonly known as Glenmore Trail, between Sarcee Trail and 69 Street Southwest is no longer adequate for the area residents, according to Mielke.

With the proposed ring road still on hold, Mielke said an interim solution is necessary.

"I appreciate this is a future ring road, but in the meantime there's a lot of people using this road," he said. "I realize there are other issues in the election ... but I think it's important that people realize the local impact that provincial politics has."

Resident Alex Casuga said he has altered his route to avoid that stretch of Glenmore Trail because it can more than double his commute time and was impacting his quality of life.

"We cut through Signal Hill, and I know the people of Signal Hill aren't very happy about that," he said. "To say that the province is on the verge of building (the ring road) — last I checked they've been on the verge of doing it for the last 40 years."

Voicing concerns

- Community associations in Discovery Ridge and Signal Hill are also encouraging residents to voice their concerns, according to Mielke.
- Mielke said many residents would like to see a portion of the ring road built in the near future to help alleviate traffic.

For more local news visit metronews.ca/calgary

Under consideration

Band-Aid solutions for traffic

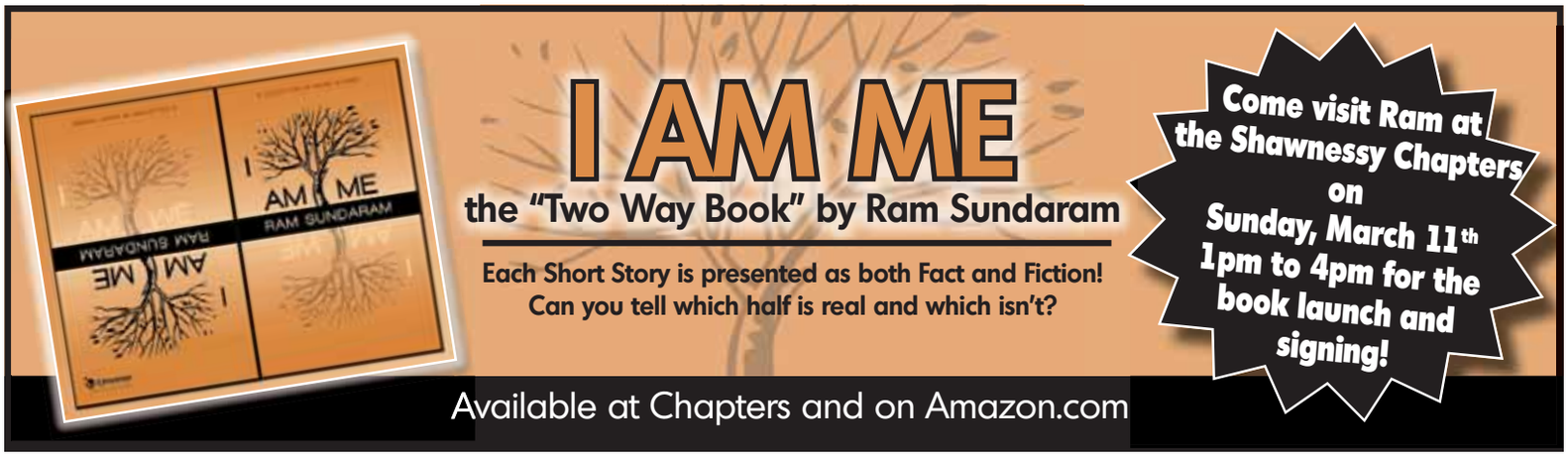
Ald. Richard Pootmans said the city is considering two "Band-Aid" solutions to cope with traffic before the ring road is built.

The first is to build a third lane along that stretch of Glenmore Trail and utilize a lane-reversal system during rush hour.

The second is to improve traffic flow at the intersections of 69 Street Southwest and Sarcee Trail.

"I'm hopeful within the year, we'll know one way or the other," he said. **KATIE TURNER/METRO**

Brent Mielke, of the Springbank Hill Community Association, stands at the intersection of Glenmore Trail and 69 Street Southwest, where cars line up during the morning rush hour. KATIE TURNER/METRO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Crime. Former student president out on bail after alleged robbery

Bail was granted Wednesday to a former university student president who faces charges for allegedly robbing a Calgary credit union.

Meghan Darcy Melnyk, 27, was arrested one week prior after allegedly walking into a Servus Credit Union in the 5000 block of 68th Avenue Southeast and handing over a threatening note to the teller.

Meghan Melnyk is seen in this undated photo. CONTRIBUTED

Melnyk resigned as Mount Royal students' association president a little over a month ago, amid what her defence lawyer claims were struggles with a gambling addiction and financial hardship. METRO

Funding

Grants to benefit local arts community

More than $800,000 will be doled out to local artists and cultural organizations, Calgary 2012 announced Wednesday.

Grants totalling $425,000 and $393,000 will be awarded to 75 professional artists and 24 organizations, respectively.

According to a statement, the funding announcement is the first of many to come. METRO

Construction

Permit-application values on rise

The estimated construction value of building-permit applications increased more than 75 per cent last month, according to the city.

The total construction value of the permit applications is $375 million.

The year-to-date total is $609 million. METRO

Fines. Home renovators ordered to pay thousands

Service Alberta has completed an investigation into home renovators in Calgary and Edmonton that has led to fines.

In late February, Titan General Construction and two of its directors, Alexander McEwen and Anthony-Joel Tait, were fined a total of $2,000 and ordered to pay restitution of $9,533.

They pleaded guilty in Calgary provincial court on Nov. 21 to a total of 10 charges under the Fair Trading Act.

According to Service Alberta, five clients paid deposits to Titan General Construction for various projects, but little to no work was done.

In Edmonton, two people were fined over $55,000 for similar infractions. METRO

Smithbilt president Bryce Nimmo shows off the rough body of one of 100 signature Stampede centennial hats his group is creating, each of which will be custom-made to fulfil the buyer's wishes. JEREMY NOLAIS/METRO

Show your Stampede pride with $1,500 hat

Centennial. Officials say 100 signature hats among many keepsakes available to supporters of greatest outdoor show on Earth

Special offer

"The hats are part of a limited-edition program that we are offering.... It's something that's pretty spectacular and we are thrilled to offer it for our centennial." Calgary Stampede spokesperson Doug Fraser

Cowpokes with a pretty penny to spare are being offered the chance to lasso a limited-edition offering created in honour of the Calgary Stampede centennial.

For $1,500, western enthusiasts will get to fit a custom-made Smithbilt cowboy hat to their heads.

Company president Bryce Nimmo claims the hats will last a lifetime — and then some.

"We approached the Stampede and said we wanted to do something special for the centennial," Nimmo said, adding each hat takes three weeks to prepare.

"These are all hand-worked.... They are really special."

Each hat is coloured a warm grey and made entirely from very durable beaver felt. Just 100 of them are being fashioned, making them signature collector items for a lucky few.

"We engrave your name on the sweatband and a number," Nimmo said. "This is a hat that's meant to worn and worn proudly."

So far, 15 of the hats have been pre-ordered. For those on the lower end of the financial scale, Smithbilt does offer up other hats for as little as $20.

For more information, head to smithbilthats.com.

JEREMY NOLAIS/METRO

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Groups clash on teaching material

Education. Ministry insists it won't use Alberta Human Rights Act to steer educational content used by parents

JEREMY NOLAIS
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Paul van den Bosch, seen with four of his seven children — all of whom are being educated at home — fears the Education Act will give the province the power to dictate what he teaches. CONTRIBUTED

Some Alberta parents who home-school their kids are calling on the province to stay away from regulating lecture material, but members of Calgary's gay-support community worry that religious beliefs being advocated could trigger teenage bullying.

Concern from the Alberta Home Education Association stems from a perceived push by Minister Thomas Lukaszuk to adjoin the newly revised Education Act and the Alberta Human Rights Act.

"Home educators would always have to be looking over their shoulder wondering, 'Is a complaint coming against me for what I'm teaching?'" said spokesperson Paul van den Bosch, who has opted to home-school his seven children in Red Deer.

Van den Bosch is a Roman Catholic and openly expresses to his children the belief that homosexuality is a sin — something that would not be done in Alberta public-school classrooms.

It is that aspect of the dispute that is drawing concern from Calgary Outlink.

"Having something that sets up the ability for enhancing bullying is not a safe way to go about supporting and educating children," said Lynne Hood, Outlink president.

But van den Bosch says the abuse can go both ways. He notes that his children could also be bullied by children of homosexual parents who disagree with Catholic teachings.

"I can say those people are teaching intolerance and holding my children up to ridicule and I can bring a complaint against them," he said.

Lukaszuk said the fears of van den Bosch's group are unwarranted, adding, if anything, that the new Education Act enhances personal freedom.

Mutual respect

"I want parents and teachers to work to support healthy relationships with all children, no matter who they are. We want to foster support with children and families aimed at equality."

Lynne Hood, president, Calgary Outlink

Fish tale

Black-market fishing ring uncovered

Twenty-seven people are facing charges for what wildlife officials are calling an elaborate black-market fishing ring.

The arrests follow an investigation that began more than three years ago into accusations of people illegally fishing and selling walleye and whitefish.

Officials allege the accused formed an underground network of buyers and sellers to avoid detection.

The 27 are from Pigeon Lake, Wetaskiwin, Camrose, Rimbey and Edmonton, and are not part of a commercial fishing operation. They face 72 counts under the Fisheries Act and face a maximum penalty of a $100,000 fine and one year in jail.

Officials say such practices are a serious threat to Alberta's fish populations. THE CANADIAN PRESS

Oh, grow-op

Man charged in pot bust

The Alberta Law Enforcement Response Team has shut down a sophisticated marijuana grow-op, seizing plants worth more than $500,000.

On Wednesday, an ALERT unit in Edmonton uncovered the operation at 16410-60A Street and seized plants, equipment and 13.5 pounds of packaged processed marijuana.

Najeeb Manah, 33, is charged with several drug offences. METRO

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Air Canada strike chaos may torpedo March Break

Strike threat. Our pension concerns are not being addressed, angry union members warn the airline

Air Canada's biggest union is threatening to strike just as the busy March Break travel season gets under way.

Its members are furious over what they consider the airline's refusal to deal with pension issues.

Union vice-president Dave Ritchie said Wednesday the machinists, cargo agents and baggage handlers rejected a tentative deal because Air Canada hasn't addressed the pension concerns — especially after members agreed to millions of dollars in cost cutting to help the airline restructure.

The International Association of Machinists and Aerospace Workers said its 8,600 members will walk off the job if they don't get a new deal by 12:01 a.m ET on March 12.

Ritchie said if the union were to strike, flights would be grounded because its members provide crucial services such as fixing and deicing planes.

"If we hit the lines, flights will be grounded," Ritchie pointed out.

Ritchie said the union's negotiating committee underestimated the anger of its membership, who rejected a tentative deal by a 66 per cent margin.

Of particular concern to the union are wages and a sizable pension deficit, which the union says Air Canada has not yet dealt with, despite the sale of $2 billion of its assets.

THE CANADIAN PRESS

Tories worried

Labour Minister Lisa Raitt said the government is taking the labour threat seriously.

- "This is a particularly bad time for thousands of families," Raitt said.
- "We encourage both parties to avoid a work stoppage and restore confidence for the travelling public and Canadian job creators that rely on commercial air services," Raitt added.
- Duncan Dee, Air Canada executive vice-president and CEO, said: "The airline will endeavour to minimize inconvenience to its customers."

Billy-club police move in on Montreal protesters

Quebec's battle over university tuition fee hikes takes a nasty turn as students square off against police in Montreal on Wednesday. Clouds of tear gas wafted over downtown. Riot police used billy clubs to slam their way through protesters who were blocking access to a public building. Some responded by tossing snowballs at officers. Four people were injured. ANDRE PICHETTE/LA PRESSE/THE CANADIAN PRESS

Global manhunt. Tamil ship 'mastermind' sought

Mounties have launched an international manhunt for the first person charged in connection with a ship that brought hundreds of Tamil migrants to Canada's West Coast a year and a half ago.

Thayakaran Markandu has been charged with organizing illegal entry into Canada, the RCMP said Wednesday.

The charge relates to the MV Sun Sea, which arrived in August 2010 carrying 492 Tamil migrants.

Markandu, who was born in 1972 according to court records, is currently believed to be living abroad, although Mounties haven't confirmed where, said Sgt. Duncan Pound.

An indictment filed in B.C. provincial court accuses Markandu of offences in the Juan de Fuca Strait off the British Columbia coast, as well as in Sri Lanka, Malaysia and Thailand.

The Sun Sea arrived with 492 Tamils on board, including men, women and children.

All made refugee claims, pointing to decades of violence wrought by a 26-year civil war in their home country of Sri Lanka.

As of January, three of the Sun Sea passengers had their refugee claims approved, according to the latest figures.

THE CANADIAN PRESS

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Immigraton system. Minister wants better immigrant-job match

Major changes to the immigration system could include erasing a massive backlog of applications, Immigration Minister Jason Kenney said Wednesday.

He said all options are on the table when it comes to modernizing the process of bringing in would-be immigrants.

"We must have transformational change to move to an immigration program that works for Canada and for newcomers," he said in a speech to the Economic Club of Canada.

He said the changes, which will roll out over the course of 2012, will include one to give the provinces the ability to cherry-pick the immigrants they want.

For now, a pilot program will allow provinces and territories to accept an additional 1,500 immigrants a year if they select them from an existing backlog of skilled-worker applications.

Minister Kenney said the government also needs to be more proactive when it comes to communicating with potential applicants about different routes into Canada.

But NDP Immigration critic Don Davies says while it's important to match immigrants with economic needs, there needs to be a more holistic approach to the issue.

"Immigration deals with people, it deals with families and human beings," Davies said. "It's not just treating people like economic widgets in a machine that we can ruthlessly bring into our country."

Kenney said that wouldn't be the point of allowing more matching between jobs and immigrants.

"It's not about privatizing the immigration system, it's about a more active role of recruitment for people so they have jobs when they show up," he said. THE CANADIAN PRESS

Clogged system

There is currently a backlog of over a million applications, including as many as 460,000 in the skilled-worker category.

- **Long process.** Officials told the committee that, without changes to the system, the backlog won't be eliminated until 2017.

Canadians spark passion for the Earth

To celebrate the fifth anniversary of Earth Hour, WWF Canada is calling on Canadians to help write Canada's first crowd-sourced song – the Team Earth Hour Anthem. Write a song lyric expressing your love for the planet and why it's important that we protect it, in 140 characters or less, and submit entries on WWF's Facebook page, wwf.ca/earthhouranthem. The submissions will be voted on by the public and the song will be assembled from the top-ranked lyrics. COURTESY OF JEREMIAH ARMSTRONG/WWF-CANADA

Brutal attack

Yemen slaughter

Al-Qaida took responsibility for an assault that left almost 200 soldiers dead in the deadliest defeat the army has faced in its campaign against the militant movement in the south.
THE ASSOCIATED PRESS

Toy title

Winning model

Habitat 67, a Montreal landmark, has won an international competition among Lego enthusiasts. Lego has said that it would consider creating a toy set inspired by the entry.
THE CANADIAN PRESS

Disease trend

Sick Alaska seals

Wildlife officials say a sick ringed seal that was captured in southeast Alaska last week appears to be afflicted by the same symptoms suffered last year by seals along northern coastlines.
THE ASSOCIATED PRESS

Accident verdict

Crash findings

A report by New Zealand investigators on how a cargo ship ran aground on a reef last year paints a picture of a crew trying to take short cuts in order to stay on schedule.
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- Demonstrated leadership ability including decision-making, team-building, project management and evaluation

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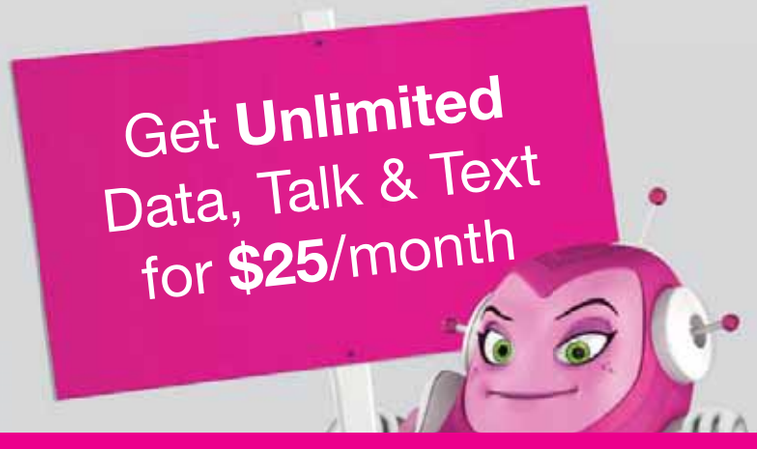

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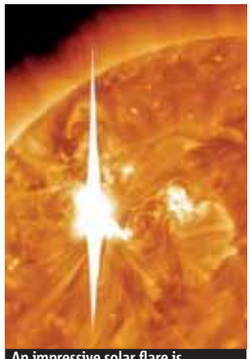
Huge solar flare headed our way

Bright lights. Solar storm of charged particles will smack the Earth at about 6.4M km/h



An impressive solar flare is heading toward Earth. NASA HANDOUT

The largest solar storm in five years is racing toward Earth, threatening to unleash a torrent of charged particles that could disrupt power grids, GPS and airplane flights.

The sun erupted Tuesday evening, and the effects should start smacking Earth between 1 a.m. and 5 a.m. EST Thursday, according to forecasters at the federal government's Space Weather Prediction Center. They say the storm, which started with a massive solar flare, is growing as it speeds outward from the sun.

"It's hitting us right in the nose," said Joe Kunches, a scientist for the National Oceanic and Atmospheric Administration. He called it the sun's version of "Super Tuesday."

Scientists say the sun has been relatively quiet for some time. And this storm, while strong, may seem fiercer because Earth has been lulled by several years of weak solar activity.

"This is a good-size event, but not the extreme type," said Bill Murtagh, program coordinator for the space weather centre.

The solar storm is likely to last through Friday morning, but the region that erupted can still send more blasts our way, Kunches said. He said another set of active sunspots is ready to aim at Earth right after this.

The storm is coming after an earlier and weaker solar eruption happened Sunday, Kunches said. The latest blast of particles will probably arrive slightly later than forecasters first thought.

That means for North America the "good" part of a solar storm — the one that creates more noticeable auroras or Northern Lights — will peak Thursday evening. Auroras could dip as far south as the Great Lakes states or lower, Kunches said, but a full moon will make them harder to see. Auroras are "probably the treat we get when the sun erupts," he said.

But there is potential for widespread problems. Solar storms have three ways they can disrupt technology on Earth: with magnetic, radio and radiation emissions. This is an unusual situation when all three types of solar storm disruptions are likely to be strong, Kunches said.

THE ASSOCIATED PRESS

'Hippy' model fights back

Canadian-born Ananda Marchildon, the Dutch model who won the television show Holland's Next Top Model, has won a lawsuit against the Elite model agency after she was dropped for having hips that were supposedly too large. The Amsterdam District Court ruled that Marchildon, 25, was entitled to the $98,000 contract that she won in the 2008 production of the show. SLOGGI/THE ASSOCIATED PRESS

Research progress

Scientists zero in on 'God particle'

Two teams of physicists are getting closer in the search for the "God particle" of physics that would help explain the fundamentals of the universe. In the hunt for the Higgs boson, they have come up with similar findings to those announced late last year by researchers in Europe. While they have not found the elusive particle, they have narrowed the area where it can be found, if it exists.

THE ASSOCIATED PRESS

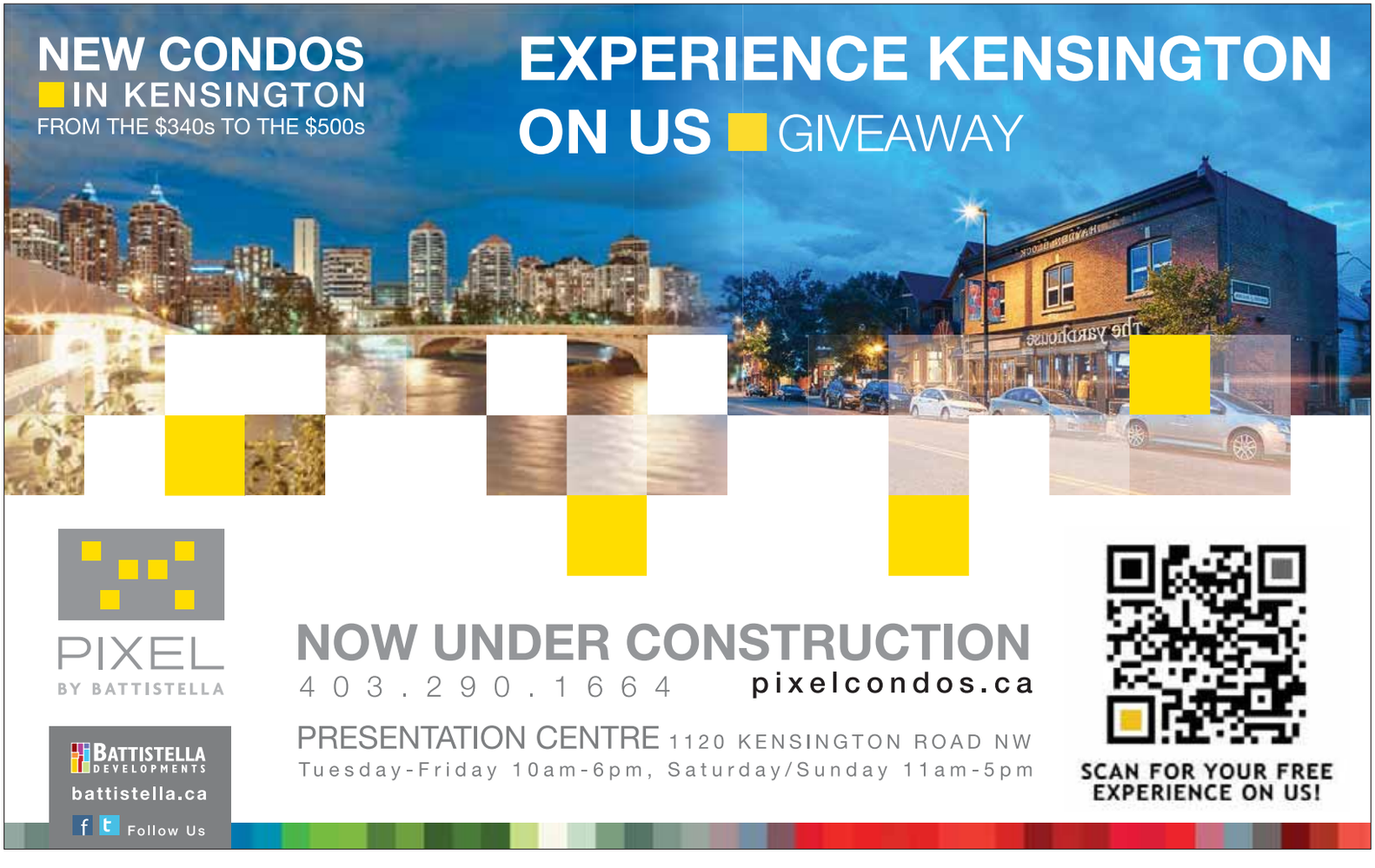
Cheeky clothing

Irish ire on apparel

Urban Outfitters continues to push the envelope in marketing with a selection of St. Patrick's Day merchandise that stereotypes the country's natives as drinkers.

New York congressman Joe Crowley, co-chair of the legislature's ad hoc committee on Irish affairs, has asked Urban Outfitters CEO Tedford Marlow to pull the merchandise.

THE ASSOCIATED PRESS



Race still open despite big Romney lead

Republican primaries. Obama's approval ratings on the rise as Republicans continue to battle it out for the nomination

Republican presidential frontrunner Mitt Romney won in six of 10 Super Tuesday states but managed only the narrowest victory over rival Rick Santorum in all-important Ohio, an outcome that leaves open the contest for the nomination to challenge President Barack Obama.

Santorum, the former senator, captured three states and Newt Gingrich, the former speaker of the House of Representatives, notched a victory in Georgia, the state he represented in Congress for nearly two decades.

Rallying for Romney

Romney is "the only candidate in this race who's got a plan to turn this economy around."

Republican Eric Cantor, majority leader, House of Representatives

The mixed results in the 10 state contests held on Tuesday suggest that Romney, despite padding his lead in the tally of delegates who will pick the nominee this summer, is still struggling to win over the Republican party's most conservative elements.

In the aftermath of the Tuesday vote, Obama campaign manager Jim Messina, in a conference call with reporters, said Romney was "limping across the finish line" in primary states.

THE ASSOCIATED PRESS

Republican presidential candidate Mitt Romney speaks during a Super Tuesday event in Boston. WIN MCNAMEE/GETTY IMAGES

Murder trial. Mother testifies she met woman now in jail for girl's killing

Victoria Stafford's mother crossed paths before with the woman convicted of the eight-year-old's murder when she bought drugs at her house, though 18-year-old Terri-Lynne McClintic seemed too strung out to even notice, court heard Wednesday.

McClintic, now 21, pleaded guilty two years ago to first-degree murder in Tori's death. Michael Rafferty, her boyfriend at the time, is now on trial for first-degree murder, sexual assault causing bodily harm and kidnapping.

He has pleaded not guilty.

Tara McDonald testified Wednesday at Rafferty's trial and said she was addicted to OxyContin at the time her daughter was abducted outside her Woodstock, Ont., school on April 8, 2009. She had even taken some that day in the hours before Tori was supposed to arrive home from school, she said.

Terri-Lynne McClintic is set to take the stand at Rafferty's trial starting Tuesday, Superior Court Judge Thomas Heeney told the jury.

THE CANADIAN PRESS

Tara McDonald, mother of slain Victoria (Tori) Stafford, walks into court in London, Ontario, on Wednesday. DAVE CHIDLEY/THE CANADIAN PRESS

Cyber crime

Terrorists may pursue cyber attacks: FBI director

FBI Director Robert Mueller said Wednesday that terrorists may seek to train their own recruits or hire outsiders with an eye toward pursuing cyber attacks on the United States.

"Terrorists have not used the Internet to launch a full-scale cyber attack, but we cannot underestimate their intent," Mueller told a House subcommittee. He said terrorists have shown interest in developing hacking skills, and that the evolving nature of the problem makes the FBI's counterterrorism mission more difficult.

THE ASSOCIATED PRESS

Holy hackers

Vatican website hit by hackers

Members of the amorphous hacking group Anonymous claimed Wednesday to have taken down the Vatican website to protest everything from Catholic doctrine to the sexual abuse of children.

The website was inaccessible for much of Wednesday afternoon and evening.

Vatican spokesman Rev. Federico Lombardi confirmed the attack but declined to comment on its possible source. He said he didn't know how long it would take the Vatican's technicians to bring the site back up.

THE ASSOCIATED PRESS

GEORGE DOYLE/STOCKBYTE/THINKSTOCK

FIGHT COLD AND FLU SEASON

FLU WATCH

About 10 to 25 per cent of Canadians get the flu each season, while the average Canadian deals with three to four colds every year.

Immunization is the best protection against the flu, and the best time to be immunized in Canada is right now, says Dr. Bonnie Henry, medical director, Communicable Disease Prevention Service, B.C. Centre for Disease Control, Vancouver. Pretty well everyone is encouraged to get a flu shot including pregnant women and children under two. Speak to your doctor for more information.

To keep track of the spread of flu and flu-like illnesses, bookmark Public Health Agency of Canada's Flu Watch phac-aspc.gc.ca/fluwatch/. So far, only sporadic influenza activity has been reported. But there has been an increase in detections of cold viruses.

HAND HYGIENE KEY

How many times did you wash your hands today?

If it's fewer than five times, your risk for catching a cold or flu virus goes up, according to Dr. Bonnie Henry, medical director, Communicable Disease Prevention Service at the B.C. Centre for Disease Control.

With cold and flu season in Canada gearing up and not peaking until early 2012, it's important to do everything you can to avoid the viruses that cause colds and flu.

"We know that people who wash or clean their hands five times a day are less likely to get colds and flus," says Henry.

Most respiratory viruses spread by coughing, but they can also spread indirectly when people cough into their hands and then touch objects. A virus can survive on commonly touched surfaces such as doorknobs, countertops, faucets and toys — popular places young children put their little hands on every day. Kids aren't always as careful with their hygiene as adults — they drop toys, play on the floor, and put their hands in their mouths. Using a product like Mr. Clean with Febreze freshness Disinfectant Liquid can help. It is not only formulated to kill the flu virus (influenza A2) when used as directed, but it also leaves a fresh, pleasant scent behind.

"Viruses can stay alive for 24 to 48 hours," says Donna Wiens, president of the Community and Hospital Infection Control Association (CHICA) and an RN and infection control specialist. "So the next person that comes along and turns the doorknob or uses the telephone, is at risk.

"We're big promoters of hand hygiene, cough etiquette (such as covering your mouth when you cough), influenza immunization, and staying home if you're sick. And none of those stand on their own — they all go together."

The other important message: it's everyone's responsibility to do everything possible to avoid spreading germs.

– Ylva Van Buuren

GET WELL SOON

TOM LE GOFF/PHOTODISC/THINKSTOCK

The average child will get between eight and 12 cold or flu viruses a year, while adults typically get six to eight. The bad news? There's no cure.

"You can't take antibiotics for a virus," says Dr. Jonathan Kerr, a spokesperson for The College of Family Physicians of Canada. "But your body will heal itself in five to 14 days, depending on how severe the virus is."

To get well soon, Kerr recommends following these doctor's orders:

GET PLENTY OF REST If you sleep for a day or two when you first get sick, the world won't stop revolving — and it could help you feel better faster. "I ask my patients how well they're really functioning when they feel miserable," says Kerr. "The body will heal itself if you do the right things, but you have to be patient. It could take a week or two before you feel completely well again."

REPLACE LOST FLUIDS If you're vomiting and sweating or you have diarrhea, drink lots of water or other non-caffeinated beverages such as juice and herbal tea. Homemade chicken soup is great too. "If someone who cares about you made it, there's a psychological component that will make you feel better," says Kerr. "Plus it's mostly fluid, and the protein in the chicken will give you some strength." Since ginger has anti-nausea properties, sipping cold or warm flat ginger ale may ease stomach upset.

SEEK OVER-THE-COUNTER RELIEF A pharmacist can help you choose a product to ease a cough, a runny or stuffy nose or muscle aches. Want to try a supplement? Go ahead — some small studies have shown that zinc and echinacea may lessen a virus' duration by half a day if you take them when symptoms start. "If you take the proper dosage, it won't hurt and it might help," says Kerr.

– Jane Doucet

ISTOCKPHOTO/THINKSTOCK

IS IT A COLD OR FLU?

Cold symptoms include sneezing, runny nose and congestion as well as headache, cough and sore throat. Fever is the hallmark difference, says Wiens. If you have the flu, you may have fever as well as severe body aches and muscle aches.

– Ylva Van Buuren

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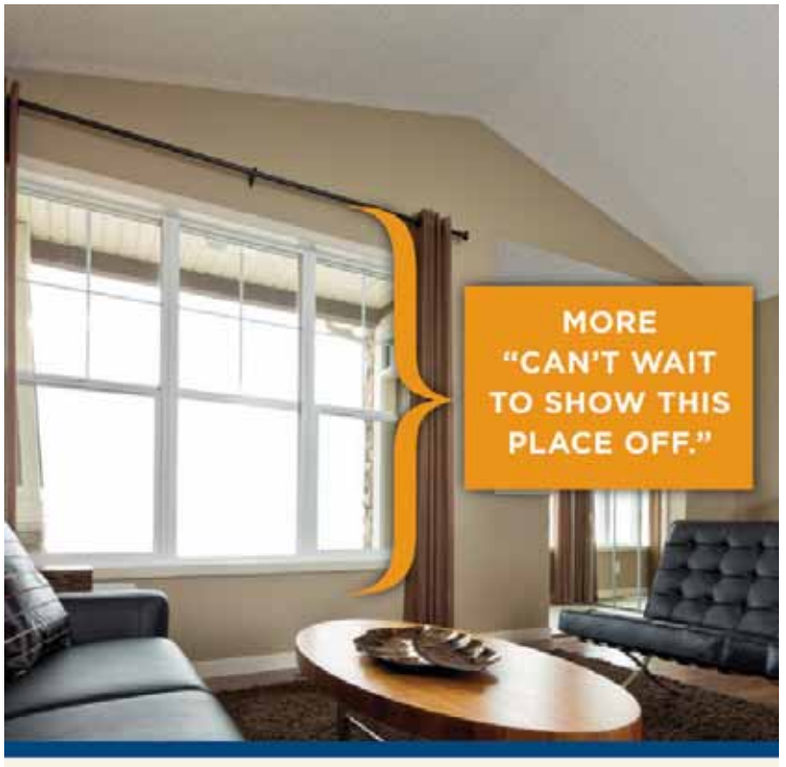

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Obama gets her vote

Obama suporter Bessie Adams exults as she watches the presidential motorcade pass by on its way to the Freightliner plant on North Main Street in Mount Holly, N.C., on Wednesday. Obama was touting his energy policies in North Carolina, a state that figures prominently in the presidential election and will host the Democratic presidential convention.

MIKE HENSDILL/THE GASTON GAZETTE/THE ASSOCIATED PRESS

Shot after shot ... Norway massacre horror detailed

Exactly 100 people were shot, some of them up to eight times, before the gunman surrendered to police.

Of the 69 people killed, 56 were shot in the head.

One drowned and another fell off a cliff in desperate attempts to flee the mayhem in Norway.

The indictment unveiled Wednesday against confessed killer and rightist extremist Anders Behring Breivik describes the horror unleashed on a political youth camp on July 22 with gruesome detail.

"Panic and mortal fear in children, youth and adults arose during the shooting, further intensified by the fact that there were limited possibilities of escape or hiding," prosecutors said in a 19-page document charging Breivik with terrorism and premeditated murder.

Breivik, 33, has confessed to the shooting massacre on Utoya island and a bombing that killed eight people in Oslo on the same day, but denies criminal guilt.

In pretrial hearings, he has portrayed the victims as "traitors" for embracing immigration policies he claims will result in an Islamic colonization of Norway.

"The defendant has committed extremely serious offences on a scale that has never previously been experienced in our country in modern times," prosecutors Svein Holden and Inga Bejer Engh said in the indictment.

The trial is set to start on April 16.

THE ASSOCIATED PRESS

Innocent victim

27

After the attack, a 51-year-old woman needed 27 stitches when a 30-centimetre-long wooden splint was removed from her head.

Suspicious satellite pics spark new Iran fears

Evidence. Trucks and earth-moving gear may have been cleaning up after nuke testing, diplomats believe

Satellite images of an Iranian military facility appear to show trucks and earth-moving vehicles at the site.

The images could indicate an attempted cleanup of radioactive traces possibly left by tests of a nuclear-weapon trigger, diplomats said Wednesday.

The assertions from the diplomats, all nuclear experts accredited by the International Atomic Energy Agency, could add to the growing international pressure on Iran over its nuclear program, which Tehran insists is for peaceful purposes.

While the U.S. and the European Union are backing a sanctions-heavy approach, Israel has warned it may resort to a pre-emptive strike against Iran's nuclear facilities to prevent it from obtaining atomic weapons.

Two of the diplomats said the crews at the Parchin military site may be trying to erase evidence of tests of a small experimental neutron device used to set off a nuclear explosion.

A third diplomat could not confirm that but said any attempt to trigger a so-called neutron initiator could only be in the context of trying to develop nuclear arms.

The diplomats said they suspect attempts at sanitization because some of the vehicles at the scene appeared to be haulage trucks and other equipment suited to carting off potentially contaminated soil from the site.

The IAEA, the UN's nuclear watchdog, has already identified Parchin as the site of suspected nuclear weapons related testing.

THE ASSOCIATED PRESS

Crucial device

A neutron initiator "if placed in the centre of a nuclear core ... could produce a burst of neutrons suitable for initiating a fission chain reaction."

From the IAEA's November report

Vital question

Would Hamas join in a war?

Gaza's ruling Hamas on Wednesday sent conflicting signals on whether it would stay on the sidelines if war breaks out between Israel and Iran.

One Hamas spokesperson said the group didn't have enough firepower to enter a regional war.

But a senior official later reportedly threatened "retaliation with utmost power."

First, Hamas spokesperson Fawzi Barhoum said the group has only "humble weapons that aim to defend and not to attack."

But later Iran's semi-official Fars news agency quoted another senior Hamas official in Gaza, Mahmoud Zahar, as saying that "retaliation with utmost power is the position of Hamas with regard to a Zionist war on Iran."

THE ASSOCIATED PRESS

Police furor

No cellphone, no problem?

Winnipeg police say they are standing behind the officers who issued a distracted-driving ticket to a man who claims he doesn't own a cellphone.

Police say they had "information contradictory to the information depicted in the local media."

They say they pulled the man and his wife over after "several blocks" and gave him a ticket.

The only problem, said the driver, Laszlo Piszker, is that he does not own a cellphone.

METRO WINNIPEG

Inferno. Families crowd morgues after hundreds die in Brazzaville blasts

Families desperately crowded outside morgues on Wednesday while others tried to get past the police tape blocking access to the wasteland that now stretches over one square mile of Brazzaville, the capital of the Republic of Congo.

It's a tableau of twisted metal, punctuated by the unmistakable smell of death.

More than three days since a fire inside an arms depot set off a series of catastrophic explosions, officials say no co-ordinated rescue effort has yet been launched, making it increasingly unlikely that any more people will be pulled alive from the flattened homes, churches, businesses and government buildings.

At least 246 people were killed after the fire in the armoury.

The blaze catapulted shells, mortars, rockets and other munitions into the densely populated neighbourhood of Mpila, according to national radio.

The death toll is likely to rise as the debris is removed.

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Forbes magazine names world's richest

Money. Everyone from telecom giants to fashion leaders made the cut this year

Mexican businessman Carlos Slim
MICHAEL DWYER/THE ASSOCIATED PRESS FILE

One made the list on the strength of girdle sales, another powered by electric sports cars. Still others lost billions or fell off the list altogether thanks to the weak global economy and the gyrations of financial markets.

Forbes magazine released its annual tally of billionaires on Wednesday, reporting that a record 1,226 people around the globe have a net worth in the ten digits. That's up one per cent from last year's total.

But it wasn't an easy year for the super-rich — about 441 list members lost wealth during the year, nearly equal to the 461 who expanded their fortunes. And only a fraction, 180, held steady, according to the magazine.

The group's total combined net worth is up 2 per cent at $4.6 trillion. The average worth of a list member is $3.7 billion.

The top of the list contains many of the same names from recent years.

Carlos Slim of Mexico remained the world's richest man for the third year in a row with a $69-billion fortune, down $5 billion from last year.

Bill Gates of Microsoft Corp. came in second at $61 billion, up $5 billion as his company's shares hit a 10-year high. And Warren Buffet of Berkshire Hathaway came in at third place with a $44-billion fortune, down $6 billion from the prior year.

Elon Musk, co-founder of PayPal and founder of Tesla Motors, joined the list as the world's 634th richest person as the value of stock in his electric car company rose. The widow of Apple's Steve Jobs, Laurene Powell Jobs, took his spot on the list. But one of the most interesting additions was Sara Blakely, the founder of women's slimming undergarments company Spanx Inc., who joined the list this year. At age 41, Blakely is the world's youngest self-made female billionaire.

It wasn't the worst year on record but a few folks on the list lost a pretty penny. Losses ranged from $100 million to $10.4 billion, according to the magazine. And of the 441 people who lost money, at least 81 people lost more than $1 billion.

The biggest loser was Lakshmi Mittal of India, owner of the world's biggest steel company. His net worth dropped $10.4 billion, leaving him with $20.7 billion.

THE ASSOCIATED PRESS

Prince Harry tours Jamaica

Britain's Prince Harry is seen after a target-shooting practice at Jamaica Defense Force's Up Park Camp in Kingston on Wednesday.

COLLIN REID/THE ASSOCIATED PRESS

Haiti

Cholera caused by UN peacekeeper

Former U.S. President Bill Clinton said Wednesday that a UN peacekeeper was responsible for bringing the cholera strain to Haiti, but may not have known that he was doing so.

Cholera has killed more than 7,000 people and sickened more than 526,000 others since it was introduced to Haiti in 2010. The disease hadn't been seen in the Caribbean country before that.

THE ASSOCIATED PRESS

Space

NASA to test jet-stream winds

A NASA experiment will launch five rockets in five minutes to learn more about the little-understood jet-stream winds that circle the Earth at the edge of space.

On a clear night between March 14 and April 4, NASA plans to launch the rockets from a facility in coastal Virginia.

Each rocket will release a chemical leaving a long, white cloud for scientists to track. THE ASSOCIATED PRESS

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Apple TV

iCloud to ease movie watching

Apple is making it easier for people who buy movies through iTunes to play them on various devices.

Apple said Wednesday that customers can now save some movies on its iCloud remote- storage service. That system lets devices such as the iPad and the iPhone retrieve content wirelessly. Before, if you bought a movie on one device to play on another, you needed to connect both to a personal computer with a physical cord. This means people will be able to watch purchased movies on an improved Apple TV set-top box going on sale next week.

That development should allay frustration consumers have had with digital movie purchases, which could be bought on iPads and iPhones, but couldn't be stored on the Apple TV device because it has no hard drive.

Previously, Apple's iCloud saved only users' songs, photos and documents on its computer servers.

The device will now be able to play movies in the "1080p" format, the highest-resolution video standard in common use. Previously, Apple TV could only play back movies in "720p."

THE ASSOCIATED PRESS

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It may look like an iPad 2 but it's different — really

New features.
Enhanced graphics, faster processor and upgraded camera

MIKE YAWNEY
ottawa@metronews.ca

Every time Apple hints at releasing a new product the rumours begin to swirl. Speculation on what will be announced and the latest features are inevitable. Some of the rumours turn out to be true, some of them wrong. In the case of the new iPad, the media nailed it.

The new iPad (yes, it's just being called iPad not the iPad 3 or iPad HD) looks and feels much like the iPad 2. It's 0.6 mm thicker and 51 grams heavier. It's hardly noticeable. The easiest way to tell if you're were holding the latest model is by looking at the screen.

Apple calls it the Retina display, because it's nearly impossible to pick out individual pixels with the naked eye. The new iPad has four times the number of pixels than the iPad 2, with 264 pixels per square inch. To put this into perspective, it has one million more pixels than the high definition in your living room. Text is much clearer and easier to read. Graphics also look smooth and polished.

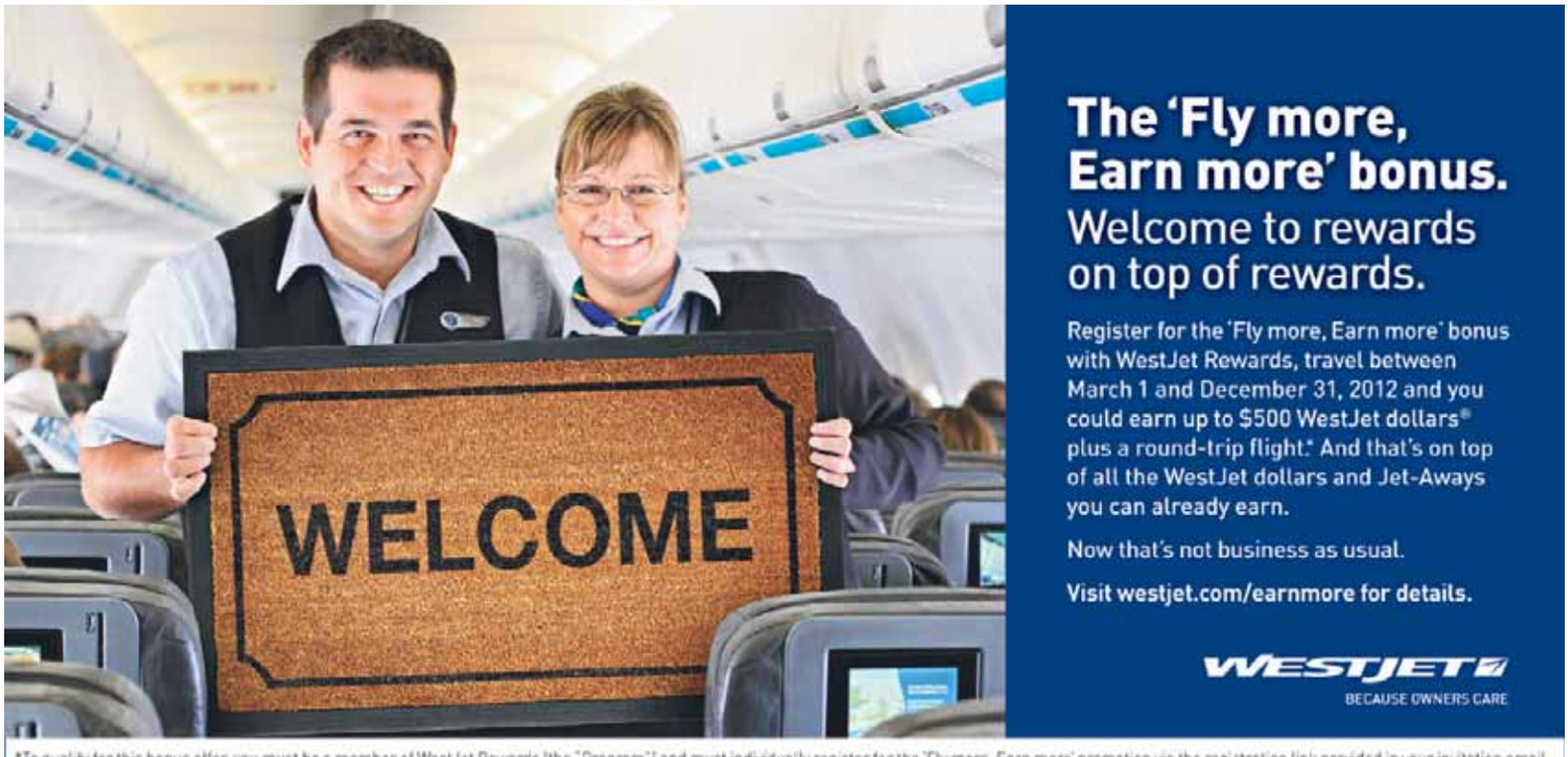
The enhanced graphics are made possible by Apple's new A5X processor. The new chip allows for quad-core graphics, double the performance of the iPad 2. Those who love to play games, especially those with demanding high-end graphics, will see the value in this new chip. Epic Games, which is known for the graphic intensive Infinity Blade series, showed off Infinity Blade: Dungeon which looked quite stunning.

One of my biggest disappointments with the iPad 2 was the camera quality. Apple says it has listened to customer feedback and has decided to change the cameras. The rear of the new iPad will feature a new five-megapixel iSight camera with auto focus, face detection and auto white balance. It will also have the ability to record 1080p HD video at 30 frames per second. The front camera remains VGA quality which may disappoint some.

Finally, the last feature is the one most users will be excited for; the ability to download and surf the web faster than ever. The latest iPad will not only feature WiFi as previous models but for the first time it will support 4G and LTE. Rogers, Bell and Telus will no doubt welcome the latest iPad on their new high speed networks which are lighting up across the country.

The new iPad will be available starting March 16th starting at $519.

Apple CEO Tim Cook introduces the new iPad during an event in San Francisco on Wednesday. The new iPad features a sharper screen and a faster processor.
PAUL SAKUMA/THE ASSOCIATED PRESS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Taxpayers' group cites federal waste

Government spending. Agriculture Canada comes under fire for program aimed at reducing tobacco farming across the country

A federal program that spent millions paying farmers to get out of the tobacco business only to see their numbers rise is this year's winner of a government waste award.

The Canadian Taxpayers Federation gave its annual worst-of-government waste award to Agriculture Canada for its 2008-2009 $284-million tobacco-transition program, which the auditor general found increased the number of tobacco farmers, rather than reduce it.

"More than half the 1,000 recipients of fat federal cheques were not actually active tobacco farmers," federation director Gregory Thomas said.

Some farmers ended up taking money to get out of the business, then shifted their land and equipment to relatives who kept on growing tobacco.

Tobacco production doubled the next year, the auditor general found in a report last year.

A spokeswoman for the minister of agriculture said the program is under review.

"This program's parameters include an audit to ensure that provincial tobacco licences have not been issued to participants," Meagan Murdoch said in an e-mail.

"If the audit shows that any recipients violated any of these terms and conditions, they will be forced to repay the full amount with interest."

It's the 14th year that the federation has handed out the awards, nicknamed the Teddies after a bureaucrat infamous for extravagant expense claims.

The awards are gilded pig statuettes, awarded in four categories: municipal waste, provincial waste, federal waste and lifetime achievement. THE CANADIAN PRESS

Porky the Waste Hater, left, Canadian Taxpayers Federation federal director Gregory Thomas and Catherine Briere present the Teddy Waste Awards on Parliament Hill in Ottawa on Wednesday. SEAN KILPATRICK/THE CANADIAN PRESS

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Tech troubles

RIM results likely to fall short: BMO

Research In Motion's earnings are likely to fall short of expectations in the coming quarters as the BlackBerry maker moves towards the launch of its new devices late in the year, according to an analyst at BMO Nesbitt Burns.

The capital markets division of the Bank of Montreal scaled back earnings estimates for RIM on Wednesday, adding to a growing number of analysts who project further troubles for the Waterloo, Ont-based company.

Tim Long of BMO said in a note to clients that he doesn't expect RIM to unveil the next-generation BlackBerry 10 series until the November quarter, and that the lingering uncertainty of the exact timing could keep customers on the sidelines waiting for the new product.

Long cut his price target for RIM to $12 US for its U.S. shares, which is $3 lower than his previous estimate. THE CANADIAN PRESS

Economic indicator

End of low interest rates may be nearing

Bank of Canada governor Mark Carney has long warned interest rates must rise eventually — now some economists say the day may come sooner than previously thought.

It's commonly assumed there is absolutely no chance Carney will raise the trendsetting policy rate Thursday from the one-per-cent perch it has been nailed to since September 2010. Nor will hikes come in April or May.

But with economic conditions slowly showing signs of improvement, Carney may not be on hold until late 2013 as many had assumed.

Higher interest rates make it more expensive for households to borrow and could lead to a cooling of Canada's housing market, although economists say they expect any monetary tightening from the central bank will be gradual. THE CANADIAN PRESS

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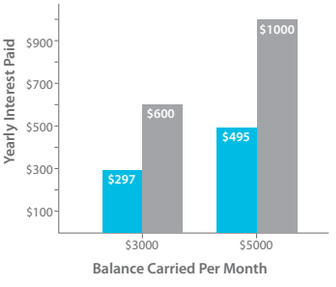

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TRAVELLING AMONG THE BLUFFS

HE SAYS...
John Mazerolle
metronews.ca/hesays

Backpackers must never show weakness.

When trekking through foreign lands, as I plan to in September, you must make it clear to fellow adventurers that you have travelled much farther, experienced far more and appreciated it all on a far deeper level than they could ever know.

Furthermore, you must make it clear that, though your experiences would thrill and delight the average middle-of-the-pack backpacker, to you it was a bit of a bore.

If a fellow traveller saw the village church, you went inside and had a spiritual moment. If he went bungee jumping, you went skydiving. If he climbed Mount Everest, you reached the summit with a really tall Sherpa and then stood on his shoulders.

Of course, we're all bluffing, and couldn't imagine a weekend without beer, let alone a few days without water. But all backpackers do this. It's just the way things are done.

It's been several years since I went backpacking, but these primal truths came rushing back to me this week as a salesman showed me some of the camping gear I'd need.

Immediately, instinctively, I began bluffing. The salesman said, "This is a Hybrid EC tent with bulfable tarmac eco-stretch and composite MoldProtect fibre, of course." And I said, "Of course," furrowing my brow in a way that I hoped conveyed world-class knowledge of tent construction, when I was actually thinking, "How come people only say 'of course' when you have no idea what they're talking about?"

If I'd shown my ignorance, I could have lost my backpacker cred, had my hostel card ripped up and been stripped of my blister strips.

I know it makes me seem like a fool, but it's the same in hostels worldwide. So don't feel guilty, fellow bluffers.

Condescending tone aside ...

If we were to talk about how scared we were on our journeys, or how ill-prepared, or how we really just spent the last week going to bars, ogling women and demonstrating the medicinal powers of cheap whiskey, well, the whole backpacking system would fall apart.

If we were to talk about how scared we were on our journeys, or how ill-prepared, or how we really just spent the last week going to bars, ogling women and demonstrating the medicinal powers of cheap whiskey, well, the whole backpacking system would fall apart.

We'd lose the sense of competition. The lure of travel would cease. And, before long, we'd all be staying home.

Potential backpackers would instead be stuck going to neighbourhood bars, ogling women and drinking whiskey. And, let's face it, that's really kind of pathetic.

So remember, the important thing is to share your stories and listen to your fellow travellers, speaking in a condescending tone one might use with a clever dog. "Oh, you went THERE. Good for YOU. That's really GREAT."

And, barring that, just remember the greatest travel quote ever, as penned by novelist Robert L. Coburg. I'd rehash it here, but you know what it is. Of course.

One unwritten rule of the backpackers' road: bluff. TORSTAR NEWS SERVICE

The female Arnolds

MARTIN SCHOELLER/WWW.PONDPRESS.COM

The women

Online buzz for bodybuilders

NEW YORK. German-born, N.Y.C.-based photographer Martin Schoeller shot the ladies of the Olympia bodybuilding competitions years ago, for a book.

But this week, they went viral. "I wanted to get behind the bodybuilder's mask, behind the profession and bring out the person beneath everything," he says. **MWN**

Generating

"These were women who loved what they were doing, and they were willing to work at it."
Martin Schoeller
N.Y.C.-based photographer

Online

Why people forwarded it ...

NEW YORK. Hot aggregation sites like buzzfeed.com are on constant lookout for photo essays of the weird and wonderful.

These photos got thousands of hits there and on the Huffington Post for the same reason Schoeller started the project. "I thought to myself, 'Why would anyone possibly want to look like that?'" he says. **MWN**

Criticism

... and why people got mean

NEW YORK. Though Schoeller is grateful that the project is getting attention almost four years after publication, he was especially shocked by negative comments online.

"People were hateful to these women. I knew there would be controversy, but I didn't expect that. Our notions of what is beautiful are so narrow." **MWN**

Metropolitan Panel

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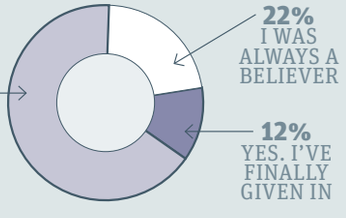

Twitter

@calgarygirlssay:
I'm not going out this weekend, there nothing going on anyways. #yyc #calgarygirlssay

@odddan:
My face in the sun-feet in the snow.#YYC weather which way will you go?

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I look forward to seeing Mr. Adatia on the hustings, tho I wonder how residents of #yyc-Shaw will feel about a PC parachute candidate #ableg

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Top 3 causes of death for Men between 25&44 are #Accident #suicide #cancer , Data from #statscanada . Keep your heads up #yyc we wanna live!

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2 SCENE

In brief

Bieber's mom gets book deal

1stin Bieber's mom is going to get the chance to tell her version of the story of her son's rise to pop superstardom. Pattie Mallette has signed a deal with Revell Books to publish her memoir. Nowhere But Up: The Story of Justin Bieber's Mom is slated for release Sept. 18, and will include a foreward written by Bieber himself.
THE CANADIAN PRESS

On the Web

Calling TV stupid makes you seem smart —but why does TV still invite disrespect?

Fundraiser to showcase designer's 'wearable' art

PARKshow. Local artist's designs will be showcased at the annual fundraising event that supports opportunities for emerging artists

BACKSTAGE PASS
Lisa Wilton
calgary@metronews.ca

Ashley Quan has been making clothes since she was six years old.

Granted, the quality of her first few outfits left much to be desired.

"I'd go to school wearing fabric I'd found," she recalls. "I'd cut them up and staple them together to make clothes."

Her early love of fabric continued as she studied at the Alberta College of Art and Design.

The 23-year-old artist, who was then focused on printing fabrics in the textiles department, found she had a significant amount of material left over from her projects.

So she started experimenting with wearable art, a term used to describe an outfit or garment that has a story or concept behind it and makes an artistic statement.

Quan's designs will be showcased on Saturday at PARKshow 2012, the annual fundraising event for PARK (Promoting Artists, Redefining Kulture.)

The non-profit organization helps develop and provide opportunities for Calgary's emerging artists and designers.

Money raised will go toward organizing PARK's end-of-summer art sale at the University of Calgary.

"There's always a fashion show and some art installations," says Quan.

"Everything they do is about supporting artists and supporting designers and giving them recognition."

Quan has largely worked in sombre colours and intricate line drawings, using bamboo, silk, linen and cotton.

But her latest collection is bright and bold, inspired by the creatures and plants of the Madagascar rainforests.

"The prints on my fabrics are different chameleons mixed together," she says.

"I thought it was interesting that something could be so unique but still could adapt and change.

"And I feel like that explains me in a way. Because I can't do just fashion or art, I have to dabble in a bit of everything."

Event info

- PARKshow features an art exhibition and two fashion shows.
- It's being held Saturday at the Palliser South Tower, 140–10 Ave. S.E., starting at 7 p.m.
- For more event information, visit ourparkonline.com.
- To see some of Ashley Quan's creations, visit apianaque.com.

Ashley Quan's designs featured at a Quebec fashion show. ERIC EPIE

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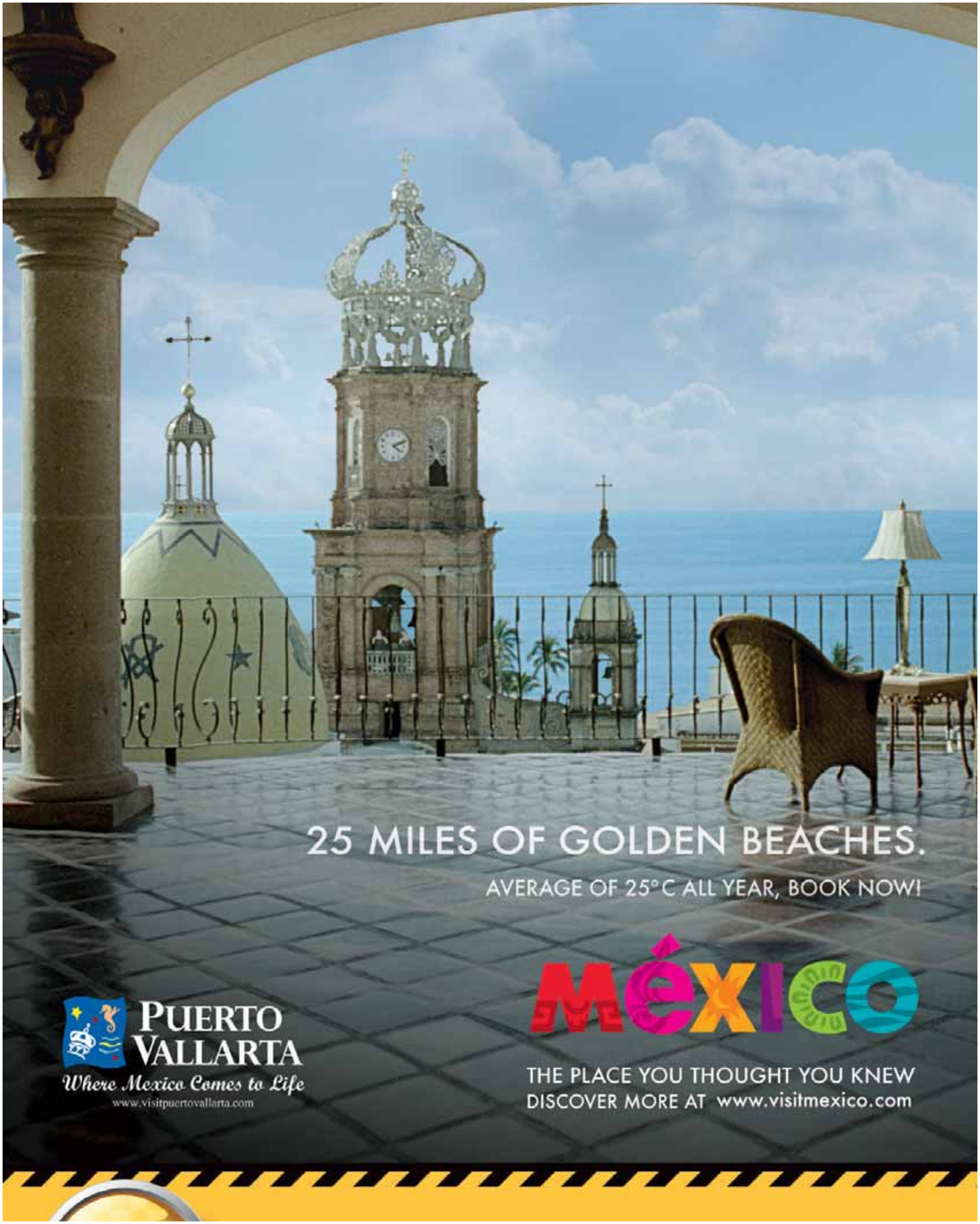
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TV. GCB brings Southern sass and big hair to the small screen

AMBER RAY
Metro World News in New York

Leslie Bibb HANDOUT PHOTO

Despite the saying, you can go home again — especially if your swindling financier husband dies in a freak accident with his mistress, leaving you with absolutely nothing. In that case, things are different.

Really different, actually, as former mean girl Amanda Vaughn learns when she moves with her kids into the house of her Dallas socialite mother in the new soap "GCB," which premiered Sunday night on CTV.

Played with plucky resolve by Leslie Bibb, Amanda finds the queen bee crown she once wore usurped by a former rival (Kristin Chenoweth), who is now hell-bent on exacting revenge.

"She was pretty horrific," Bibb says of her character. "High school is … like a shark tank. She's now looking at everything being slapped in her face, [people] saying, 'You were awful. You did this. You did this.' So it's a constant realization of what she used to be."

GCB what?

GCB stands for Good Christian Bitches — the title of the book on which the series is based.

- **"The term GCB** is a phrase that these women in Texas refer to themselves as, you know, it's their own phrase," executive producer Robert Harling reasons. The term, he says, is not meant to offend.
- **"The characters … are all motivated** by a real sense of goodness," says Harling, who also wrote about Southern women in Steel Magnolias. "The goal is to watch people try to be good. I know I screw up all the time. And sometimes it's funny. Sometimes it's sad. … But within those parameters, we will never ever, ever be disrespectful."

Fran Drescher's real life inspires oddball sitcom

Happily Divorced. Series based on comedian's offscreen divorce to Hollywood ex-husband

MEREDITH ENGEL
Metro World News in New York

In the penultimate episode of Happily Divorced last season, Fran Drescher's character sleeps with her ex-husband, who in the pilot episode came out of the closet.

As the comedy series is based on Drescher's own life, we had to ask: was that rendezvous inspired by true events?

"No, once we divorced we never got drunk and had sex," she says of her ex, Peter Marc Jacobson, adding her trademark laugh.

Though their romantic relationship ended after 21 years of marriage, the two, who co-created the 90s hit television show The Nanny, still maintain a close bond.

They are now working together on the second season of Happily Divorced, which premiered its new season this week.

Drescher tells Metro World News that we'll see her character, also coincidentally named Fran, finding herself "more and more as an independent single woman" and also get introduced to some secondary characters.

"We're gonna meet some of [the character] Peter's family," Drescher says. "Peter's got a brother, [which] was how I actually met my ex — I met the brother first, and we were supposed to go out and then he couldn't go, so he asked if Peter could take me on the date. And then Peter and I ended up falling in love. But now, all these years later, Peter comes out to his brother, and his brother's now divorced, and we're divorced, so he asks me out on a date [on the show]." Drescher says.

We'll also meet Fran's loving parents, as well as see more of her best friend Judi: "she's got a lot more to do in this season."

And while the show is a comedy, deeper feelings and life lessons are at the crux of it.

"The shows themselves are coming out so good and so funny and so full of pathos and healing and laughter," Drescher says of the series' cathartic qualities. "We're very proud of this second season."

No canned laughs

Fran Drescher takes a unique approach to her sitcom, Happily Divorced.

- **Like The Nanny,** Happily Divorced is filmed in front of a live studio audience. Drescher wouldn't have it any other way.
- **"I think with a comedy,** it's nice to hear the laughs. It helps bring the energy up," Drescher says.
- **"You feel the energy** of the audience and their laughter. And that really helps the show have a performance level that seems to work well and get the home viewers energized," she added.

Fran Drescher GETTY IMAGES

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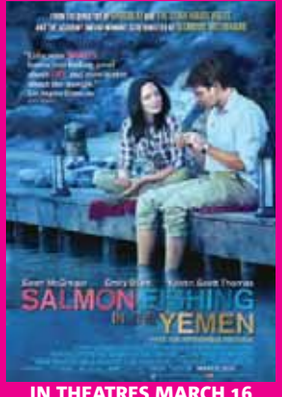
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Young Jeezy: your favourite rapper's favourite rapper

Hip-Hop. From slinging cocaine to slinging rhymes, Jeezy brings the 'Inspiration'

G. VALENTINO BALL
Metro World News in Boston

Can a former hustler who sells motivational speeches from the 'hood perspective survive without reality show-level media hijinks or social media oversharing? If the former hustler in question is Young Jeezy, that would be a yes.

The rapper stands out in a world where some MCs and video vixens wear the same pants.

The third and final chapter of the Atlanta MC's popular series is Thug Motivation 103: Hustlerz Ambition.

'Buying into me'

- **Jeezy says his full length albums have done well in the age of the $1.29 song because of his persona.** "I don't have a problem selling units because they aren't just buying one song. They are buying into me."

The album reached No. 3 on the Billboard 200 charts this past December and was certified gold by January. His fans waited nearly two years for it, and it goes to show that Jeezy's brand of hardcore has not gone unmissed by his almost cult-like fan base.

That relationship is one that Jeezy seems to appreciate and understand.

"We just have that connection," he says.

"A lot of people aren't from the streets or from the trap but they know what grinding is all about. They know what getting up early in the morning to go after a dream is like. "

Young Jeezy's latest album, Thug Motivation 103: Hustlerz Ambition, was certified gold in January. GETTY IMAGES

With high profile guests like T.I., Andre 3000, Ne-Yo, Fabolous, Jill Scott and Jay-Z, TM:103 is on the verge of being Jeezy's biggest work.

Currently on the road, Jeezy says he prefers the intimate setting of large theatres over mega-venues. It helps strengthen that connection he speaks of, with his fans.

"The 30,000 seaters you have screens, the lights and all the production and so forth," he says.

"It takes away from the feeling of it. I like to be up on the crowd."

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'Who's making those decisions?'

Controversy. Mangan's label frustrated that four-time Juno nominee hasn't been asked to play the ceremony

No comment

- A publicist for the Canadian Academy of Recording Arts and Sciences, which puts on the Junos, declined comment but pointed out that Mangan is set to perform during the non-televised Junos gala, where the bulk of the awards are handed out.

Vancouver singer/songwriter Dan Mangan is tied for the lead with four nominations heading into next month's Juno Awards, but representatives from his record label say he hasn't been invited to perform during the broadcast, and they are rankled by the perceived oversight.

"Dan Mangan hasn't been asked to perform on the show, and you know, that's frustrating to us," Arts & Crafts president and co-founder Jeffrey Remedios said in a recent telephone interview.

"That's a bit of like — who's making those decisions? And ... how are all those different powers kind of being moved around?"

The 28-year-old Mangan had a big year, with his third album of hand-crafted indie-folk, Oh Fortune, debuting at No. 9 on the Canadian chart.

The album also merited four Juno nominations, including high-profile nods for new artist of the year and songwriter of the year. That haul ties him with a group of co-leading nominees that also includes Drake, City and Colour and Hedley.

Which is why his label believes he belongs among the roster of musicians scheduled to take the stage in Ottawa at the April 1 event, which will feature performances from Nickelback, Feist, Blue Rodeo and Sarah McLachlan.

"We're trying to move the needle," Remedios said, before listing other Arts & Crafts acts who have played the Junos.

"We got Feist on the show, we've had Broken (Social Scene) on the show before ... and the Stills were on the show.

"I definitely think it's something that's possible ... and Dan's got as many nominations as anybody else."

THE CANADIAN PRESS

Dan Mangan
FRANK GUNN/THE CANADIAN PRESS

Drinking while pregnant? Meatball problems

Snooki GETTY IMAGES

Jersey Shore star Nicole "Snooki" Polizzi has taken to the cover of Us Weekly to announce what everyone already knew: that she's pregnant and engaged.

"I have different priorities now," Polizzi says. "I don't care what anybody else thinks. As long as I know I'm ready and (fiancé Jionni LaValle) is ready." The reality star admits that discovery of her pregnancy — right after New Year's — caused a moment of panic. Her first thought? "'S—, I've been drinking,'" she says.

"I was worried. It was New Year's Eve and we were in Vegas, so I did go crazy." METRO

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Fashion magazine covers

Doin' the bump

THE WORD
Dorothy Robinson
scene@metronews.ca

As a fellow pregnant lady, I'm all for Jessica Simpson posing on the cover of Elle magazine while hoisting around a fetus. Yay for the miracle of life and all that.

But why oh why did she have to do it naked?

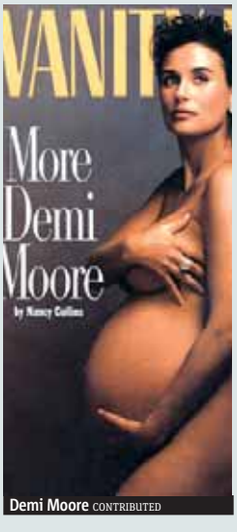
With the exception of Demi Moore's famous 1991 nude pregnancy photo for Vanity Fair, which set the bar for pregnancy photo shoots, why have any of these stars shown off their naked bellies on magazine covers?

It's as though these magazines — and starlets — need to flaunt the skin, just so you won't mistake them for being, well, fat.

Because a woman with actual curves on a fashion magazine? What a crazy concept!

But perhaps I'm wrong and am just being a prude. What do you think of the omnipresent naked pregnant celebrity cover trend? Do you want more naked bump in your life or do you prefer your pregnant celebrities lookin' good, but with maybe a shirt on?

Jessica Simpson CONTRIBUTED



Demi Moore CONTRIBUTED

Hewitt likes her boobs

Jennifer Love Hewitt has something in common with her fans when it comes to appreciating certain parts of her anatomy.

"It's horrible to say, but I like my boobs," the former Ghost Whisperer star tells Maxim magazine when asked what body part she is most proud of.

"They've always served me well. They're good." Well, maybe they haven't served her that well recently, the currently single Hewitt admits: "It might sound so stupid, but guys do not hit on me," she says. "I'm not really sure why." METRO

Jennifer Love Hewitt GETTY IMAGES

Twitter

@ParisHilton
Don't judge me by my past, I don't live there anymore.

@nicolerichie
No grandma, I don't think you're ready for bikini season

@pattonoswalt
Just realized I know all the words to Whitney Houston's "How Will I Know?" Closest I'll ever come to being Jason Bourne.

@AlbertBrooks
If I were president I would allow poor people to drink 1% milk.

Ricci talks about adversity

Christina Ricci reveals that her teenage struggle with anorexia — and the unplanned revelation of it at the time — helped make her the person she is today. "Somebody actually found out about it and outed (me) while I was recovering," she tells Marie Clare magazine. "It was a horrifying thing to do to a 14-year-old trying to cope with a devastating illness. And, out of rage, I vowed that no one would ever be able to out me for a secret again. So I was going to be completely honest in the rest of my life. I don't want to be hurt in that way again." As for the eating disorder itself, Ricci says the pressures of being an actress at that age had a lot to do with it. "I think it's just really awkward to go through puberty, and go through growing up and becoming a woman, when everybody is always kind of looking at you," she says. METRO

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Find out more at glossybox.ca.

On the Web

Chanel, Alexander McQueen entice fantasy of ice and feathers at Paris ready-to-wear shows.

5 shows that rocked the Paris runways

It had been a rainy season in the city of lights, and inside the packed houses of Paris Fashion Week style continued to take front-line fashionistas by storm

KENYA HUNT AND RICHARD PECKETT
life@metronews.ca

ALL PHOTOS GETTY IMAGES

1

Givenchy

Riccardo Tisci's show, always one of the most hotly anticipated on the Paris calendar, didn't disappoint with a collection inspired by the equestrian world and the '70s work of photographer Guy Bourdin.

Forget the sexless tweedy hunting set; Tisci's horsey theme was racy with an S&M sensibility.

2

Louis Vuitton

Marc Jacobs chose to summon up a bygone era of luxury travel for his Louis Vuitton show. The large, flamboyant hats were back, only slightly more refined. Same with the embroidered jackets, dresses and coats that the models wore layered over long skirts and wide, cropped pants. Unconventional, yes. But don't be surprised to see outsize layers trickling down to the high street come next season.

3

Yves Saint Laurent

Stefano Pilati bade farewell to the infamous Parisian fashion house after a 10-year tenure.

There were no tears, just a collection of chic, predominantly black silhouettes that referenced the house's '70s and '80s eras. The macabre colour palette, cinched waists, sizeable lapels, wide shoulders and sharp tailoring marked what could be regarded as a somber day for Pilati.

However, the leather tunic tops, trousers and chainmail dresses redolent of strength and resilience were lightened in mood with the introduction of an embroidered calla lily.

4

Kenzo

It's no easy task to impress hundreds of soggy, cranky fashion editors who schlepped through the rain to a far-out part of Paris to see a 15-minute show.

But that's what Humberto Leon and Carol Lim did for their second collection as creative directors of Kenzo.

The collection was just as fun as the show experience itself, featuring clothes that struck the right balance between creative, original and wearable. There were tailored and knit separates in autumnal florals and grapes; silk jumpsuits in vaguely Asian silhouettes; skirt and trouser suits in a mash-up of graphic combos — the list goes on.

5

Barbara Bui

Barbara Bui referenced Asia in a series of silk dresses and jackets that came printed or embroidered with Chinese tigers and florals. Nothing was quite as memorable as the androgynous trouser suits she did in black and white for evening that opened the show. They were chic and simple and best showed off her knack for cutting a mean pair of pants, a talent women the world over seek her out for.

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Hotel chic in your own home

Decor ideas. Karl Lohnes creates a stylish bedroom inspired by the Loden hotel in Vancouver.

The caramel, brown and coral colour scheme and clean-lined furnishings evoke a warm but modern look at the Loden. THELODEN.COM

I often come home from my travels with memories of the decorating details from some exceptional hotels I stay at. No matter where I travel I always fall in love with a detail, colour or furniture style that I want to incorporate into my own home's decor.

All hotels set out to create unique visual experiences for their guests and Vancouver's Loden hotel is no exception.

Tucked in the distinguished Coal Harbour Neighbourhood; the 77-room luxury hotel opened its doors in 2008 and has been winning awards for its customer service and great looks ever since. Its warm and inviting colours and style creates an atmosphere that definitely says urban on a human scale; something even trendy travellers appreciate when away from the comforts of home. I love their surprising use of the colour orange; long before it was ever trendy.

The wood-toned walls wrap guest rooms in a warm glow, which is a great colour choice for Vancouver's grey days. For a similar look, paint your walls a deep caramel colour (Benjamin Moore's Capilano Bridge CC-440 is a great match) or cover them with a paintable wood textured wallpaper to introduce the woodgrain colour and element.

The mirrored wall behind the bed reflects light from the window and keeps the room feeling open and airy. Try standing two tall floor mirrors behind each night stand to achieve a similar effect in your own room.

The patterned carpet (a great decorating trick of most hotel rooms) not only camouflages wear but also adds a warm texture to the room. Carpet tiles are a great way to add a pattern to your floor without costing a lot; or better yet, place decorative carpet runners down each side of the bed to warm up your space and add some texture to the room.

The simple shapes of the bed, nightstands and lamps give the room a modern edge. With the mid-century modern look on the return, you might want to search a few trendy classifieds (like craigslist or Kijiji) for good buys. Otherwise, invest in one or two good pieces that you know you will love for a long time.

A burst of colour (coral is the accent colour of choice at the Loden Hotel) can be changed seasonally to follow trends or incorporate a new colour as desired. The secret to colour is to use it in things that can easily be changed out seasonally; pillows, a vase or lampshades are an inexpensive way to indulge in trendy colours.

WOULD YOU DECORATE YOUR BEDROOM WITH THE LODEN LOOK? DO YOU HAVE A FAVOURITE HOTEL DECOR THAT YOU'D LIKE US TO SHARE? WE WANT TO KNOW! EMAIL US AT HOME@METRONEWS.CA.

Square details and quality metal trims make this nightstand a ringer. Nightstand 7882, $6,105, Baker Furniture. STUDIOHOME.COM

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

For a curvy and elegant bedside lamp, try the Haley Table Lamp, $335, Crate & Barrel. CRATEANDBARREL.COM

Paintable textured wallpaper can be any shade of caramel to get the hotel look. Textured Subway Wallpaper, $30, Graham and Brown. GRAHAMBROWN.COM

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Create an accent wall with a bright, cheery pattern. ISTOCK

Freshen up for spring with some new wall designs and colours

DIY Ideas. Painting with templates is a fun and inexpensive way to update the look of your home

If you're looking for a fun DIY activity over the March break, painting with templates is a great place to start. Sweat Equity host Amy Matthews helps homeowners determine which home improvement projects will return the most bang for their buck and a fresh new wall design is sure to create a stylish and updated look.

Brainstorm

Painting with templates is an emerging decorating trend that offers a great deal of versatility. A border pattern can be applied to a kid's room, an accent wall to a bedroom or a mural created in a living room. There are many types of stencils to choose from including plastic and cardboard varieties as well as removable wall stickers for a simpler option. Plastic stencils are washable and reusable after paint is applied whereas cardboard varieties eventually need to be replaced; keep this in mind if you plan on creating a larger border. The variety of fun designs available at craft and home décor stores allows for a truly personalized creation.

Getting started

Explore colour combinations on a sample area. Smooth walls will produce crisp designs so it is always a good idea to ensure that they are clean, dust-free and in good condition before applying the pattern. Any chips can be filled, primed and painted prior to stenciling. Flat paint is recommended over semi-gloss so that the stencil pattern adheres more readily.

Painting advice

It is best to use a "drybrush" technique when working with stencils. This means using a paint brush that is relatively dry but still holds paint. If using a roller, roll it over the paint until mostly absorbed and then blot off any excess paint. Foam rollers work better than fluffy rollers. Always use light to medium pressure when painting over a stencil as excessive pressure may cause paint to bleed. A second coat can always be applied if desired. Attach stencils to the wall using painter's tape and a leveler. Once paint is dry to the touch, carefully remove the stencil.

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CHRISTINA WALLACE
life@metronews.ca

Forget everything you already know about wallpaper, because it's no longer a stuffy, dated eyesore from the '70s.

Top designers, including Back Bay interior designer Allison Sheffield, are using it in creative new ways to breathe fresh life into the historically staid wall covering.

Sheffield spoke with Metro about new trends, the best rooms to use wallpaper in and how to decorate without breaking the bank.

A little goes a long way

"Doing one wall seems less daunting, or using it in a powder room is [very impactful]. It doesn't take a lot of expensive paper to make a big impact."

Back Bay interior designer Allison Sheffield

1. The first step in using wallpaper in your home is realizing it doesn't have to be a permanent commitment, says Sheffield.

"I grew up with a mom who knew how to wallpaper. I never saw it as permanent."

2. Ease yourself into it by focusing on a small room, such as a powder room, or an accent wall.

"Doing one wall seems less daunting, or using it in a powder room is [very impactful]. It doesn't take a lot of expensive paper to make a big impact."

Wallpapering an accent wall can take the place of an expensive piece of art to draw the eye to a focal point in the room, says Sheffield. Wallpapering a ceiling is also an option, she says.

"Wallpapering the ceiling in a powder room makes it seem like you are walking into a jewel box."

3. Scraps of wallpaper can be used to line bookshelves or to highlight mouldings or woodwork.

If you're still not convinced, many reputable companies are now selling removable wallpaper people can easily hang themselves without the help of a professional.

Are you a decor commitment phobic? Try removable wallpaper. ISTOCK

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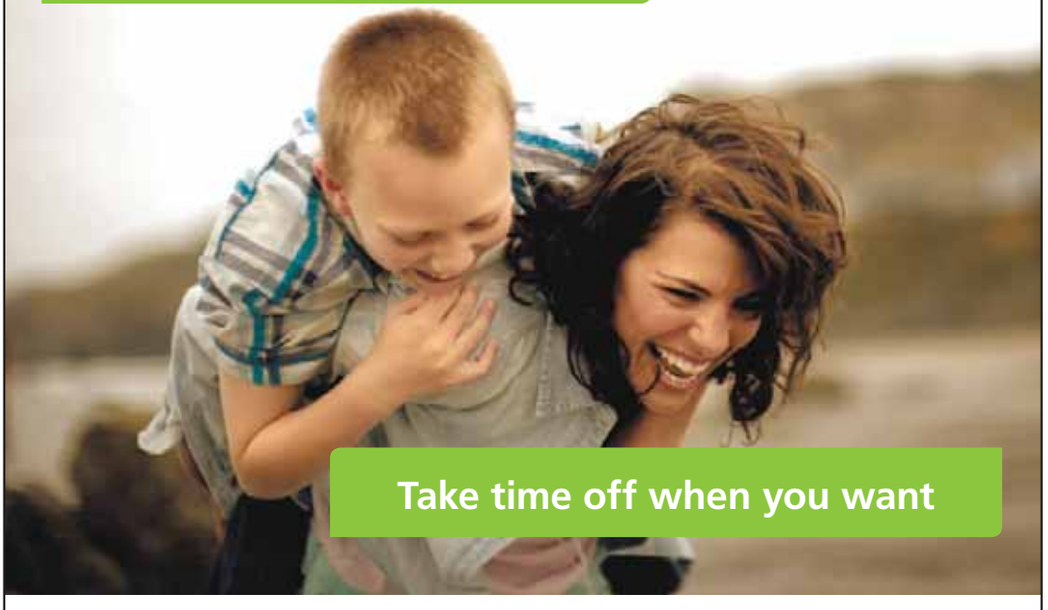

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STOREY WILKINS

JEANNE & HER GIRLS

To mark International Women's Day, journalist Brigitte Noel spent time speaking to Metro columnist Jeanne Beker and her daughters, Joey and Bekky, about feminism, motherhood, role models and more...

HAVING IT ALL IN HEELS

On feminism:

Jeanne: To me that whole idea of feminism, while it was such a godsend when we first caught wind of it or first started to really champion it in the '60s when I was growing up, now seems a little old-fashioned. Although, I'm not sure — what do you guys feel about that?"

Bekky: I think feminism is a very dangerous thing to define because the second you do, you start aggravating people who don't agree with your definition of it. (…) I don't know if it's a matter of feminism so much as recognizing the humanity of the person regardless of gender or sexual orientation.

Jeanne: I remember when I was even a bit younger than my girls are now and I was going to university or college and reading Germaine Greer's works, Gloria Steinem. (…) Everybody was just reading these works about (feminism) and what it meant, and how we had to start thinking. Then all of a sudden it just became part of the way I saw the world and part of my psyche and I would hope part of my whole generation's psyche.

On women's rights:

Bekky: It's always necessary to fight for whatever rights you can. I think that we have to defend ourselves. When people aren't paying attention to what their rights are, their rights are taken away from them. We're very fortunate to be living in Canada where (human rights) are less of an issue than in other parts of the world, but I think that gay rights and queer rights and trans rights and rights of these even more marginalized groups than women are what come to mind as being more important to fight for nowadays.

Jeanne: Certainly in this country.

Bekky: Exactly, and I think that's an important distinction to make.

Jeanne: And we have special rights too. When I think of how, when I decided to have a baby all those years ago, there was no such thing as a year of mat leave. Now it's thrilling that women have that option today — they certainly did not have it 20-odd years ago when I was having my kids.

Lessons from motherhood:

Jeanne: I've learned that it's important to be very open-minded. I was a pretty open-minded individual but you have to be even more open-minded. I feel I'm still learning not to be quick to judge, more tolerant. I think my kids just teach me to be a better person because they've taught me a lot about unconditional love and the necessity of encouraging people to blaze their own trails and not follow in footsteps. The number one question that I absolutely detest is when people ask if my daughters are following my footsteps. What do you think, I've raised a couple of followers, I've raised a couple of wimps? Without question, my daughters are blazing their own trails as I feel that I did and would never want them to just be a second act in that way. They're an opening act for their own generation and hopefully one day maybe their own families.

On having it all:

Jeanne: Above all, I think what my daughters taught me is that love will find a way. It sounds really corny, but a lot of people would have looked at me and thought "you've got such a crazy busy career, how can you possibly take the time to sit back and have a family?" I went back to work after like three weeks with each of them. (…) I had to protect what I had worked so hard for, and I didn't grow up at a time when I thought I could have it all. And I still think you can, in bits and pieces maybe and maybe not all at once, but I'm determined to kill myself trying. They really taught me that love will find a way and that if you really are passionate about something, if you really love something, you will find a way to make it work in your life. Just don't take no for an answer.

On having children:

Jeanne: Do it! do it! do it! You don't need a lot of children, but at least one, or maybe two, if you can! If you can, not everyone can, not everyone's inclined to and inspired to, but if you're sitting on the fence and you're thinking about it, I say yes, just do it. It really gives you incredible perspective on the human experience and it's the most rewarding thing. To me it's the best thing I ever did in my life.

Bekky: Having children, I don't know. *Raising* children, I think yes, if you have the ability to love and provide for and take care of another person, that is probably —well, I don't know, I haven't done it, maybe it's terrible — but I think it's the kindest, most generous thing you can do.

Joey: I don't know. Yeah, I could have children but if I couldn't for some reason, I would love to adopt.

Life lessons from Mom

Bekky

- **Do it all.** Anything is possible if you want it enough; that it is important to be courageous and tenacious and inexhaustible; and that you can do all these things in a pair of four-inch high heels and still look fabulous while you are doing it.

Joey

- **Don't settle.** I think that she didn't settle is something that I really love and that she's still pushing to fulfill her dreams. We understand that, and there are sacrifices and we don't get to spend all the time in the world with her. And she does fall asleep during movies because she's so exhausted.

On marriage:

Bekky: (It's) very useful? Perhaps a bit outdated. I recently got married to my partner because we couldn't live in the same country. I never believed in marriage, I didn't want the big white dress with the flowers, it just wasn't my thing! (…)

Joey: If you're going to be together, why do you need to prove it to anyone, why do you need a symbol? Then again, I guess I always imagined it being one day a part of my life, so I'm still not sure where I stand.

Jeanne: As someone who's been married twice… Love was definitely a big part of it. When you're younger, there's a lot more idealism associated with marriage, obviously because you're so intent on getting it right, you dream about that, there's never really any doubt in your mind that you will get it right. But as you get older and you realize how many people don't get it right or can't make it work, can't make it last. (…) At this stage of the game, I still say that if I was so inclined, madly, crazy, mentally in love —the operative word is mentally— in love with someone, or really found the right person that I really wanted to share my life with to that degree, because I think it really speaks of a true partnership, I would do it.

On the Kardashians:

Jeanne: Oooooohh!

Joey: I don't know who they are?

Jeanne: We don't watch them at our house. We don't allow that.

Advice to women:

Bekky: Read books by women. (…) Figure out who you are and be proud of it. I think so many girls want to be someone else because it's easier and I think that denying the things you love is dangerous. Embrace what you need out of life.

Jeanne: I'd say go for it, be fearless, be tenacious, and to thine own self be true. Dream big, but work hard, and never give up.

Bekky: Always carry a pair of flats in your purse!

Jeanne: I never do!

Joey: I gave you those flats to carry and you put them in the basement!

Jeanne: The ones in my stocking? Were those from you?

Joey: Yes!!

Jeanne: I thought they were from Santa. I was looking for them, I'll take them to Paris.

1875

First graduate

Grace Annie Lockhart receives a bachelor of science and English literature from Mount Allison University.

1911

Worthy of celebration

In Austria, Denmark, Germany and Switzerland, more than one million women and men gather to celebrate the First International Women's Day.

1925

Grounds for divorce

A change in the federal law makes it possible for women to seek divorce on the same grounds as men.

1954

Fair wages

The federal government declares its fair wages policy. In 1956, the Female Employees Equal Pay Act renders sex-based wage discrimination illegal.

1989

Life of the party

In the Yukon, New Democratic Party MP Audrey McLaughlin is elected the first woman ever to lead a national political party.

1992

Out of this world

Scientist Roberta Bondar is the first Canadian woman (and the second Canadian) to be launched into space.

1875

Medecine woman

Jennie Kidd Trout is the first woman in Canada to become certified as a physician.

1916

At the polls

Manitoba grants women the right to vote; Saskatchewan and Alberta soon follow suit. In 1918, the Canada Elections Act gives the federal vote to all women over the age of 21.

1929

Official persons

The "Famous Five"— Irene Parlby, Nellie McClung, Emily Murphy, Henrietta Muir Edwards and Louise Crummy McKinney — change Canada's definition of "person" to include women.

1969

Right to choose

Under Pierre Trudeau's Liberal government, contraception is decriminalized and abortion becomes an option for some women.

1991

Premier league

In British Columbia, Rita Johnston becomes the country's first female provincial premier, followed closely by Prince Edward Island's Catherine Callbeck, elected in 1993.

1993

Like a boss

Progressive Conservative Party member Kim Campbell is sworn in as Canada's first (and to date, only) female Prime Minister.

ANI DIFRANCO

Grammy Award-winning feminist folk artist Ani DiFranco weighs in on why women compete against one another in the workplace. How can we address the issue? "With humour!" DiFranco tells Metro.

"WE HAVE TO RETHINK FEMINISM."

KAREN WATESON
Metro World News in London

The prolific singer-songwriter Ani DiFranco is heralded as a feminist icon.

With more than 20 albums under her name, the Grammy Award-winner is best known for her audacious, outspoken songs about sexism, civil injustice and other social issues.

When Metro met her in London, we were greeted by a folk artist, with her unruly hair and knitted, woolen top, oozing a sense of inner strength and poise; she waxed lyrical on the big question of women versus women at work.

Profile

- **Name.** Angela Maria DiFranco
- **Age.** 41
- **Occupation.** Singer-songwriter, guitarist
- **In the news.** Regarded as one of the more influential folk singer-songwriters of her generation, thanks to her energetic, politically charged sound.

ALLMUSIC.COM

Why do you think women are mean to each other?
I guess it has a lot to do with patriarchy, the underlying social structure of the globe, which tends to make women competitors for men. So I think patriarchy needs to be addressed for many reasons — that being just one.

In what way can it be addressed, do you think?
We have to rethink feminism. We have an outdated idea of what it is: a crusade for equal pay, safety on the streets, basic rights, etc. I think we need to understand feminism as a kind of prerequisite to healing all of our other social diseases. Patriarchy is the elephant in the room we are not addressing politically.

And until we do I don't think we can experience human nature. It's sort of a lop-sided polarity of yin-yang.

How can we address it?
With humour! (laughs)

We need to be kind and tolerant of each other, and realize that we're dealing with something that's bigger than all of us. We can all fall prey to it. Understanding that, we must struggle together as allies, male and female, to balance our society and cut each other slack along the way.

You. Are. Not. A. Bitch. Neither. Is. She

International Women's Day. Metro's global editor-in-chief Maggie Samways advises the sisterhood to stick together

MAGGIE SAMWAYS
Metro World News in London

I'm proud to work for a company run by women. Metro's board of directors has a chairwoman, not a chairman; two out of the five executive management team are women — and I'm one of them. I'm the proud employer of women — 50 per cent of my team are women. I'm proud to count ambitious, brilliant women as colleagues and friends.

That said, before my first board meeting presentation, I couldn't sleep, worried about … the other women.

The presentation was solid, I knew I'd impress the "suits." But having never met anyone, I wasn't sure the "skirts" in the room would let me get away with it: they'd find a way to make me look stupid, to trip me up. I was concerned that those who should be my best allies could be my worst enemy.

That feeling led to the premise of this special issue.

Why do we spend so much energy cutting ourselves down? Sniping, whispering, threatening? We need to take control of the message women send to each other, and about each other: you're not bossy, you're assertive; you're not emotional, you're intuitive. You. Are. Not. A. Bitch. And neither is she.

Maggie Samways. METRO

American magazine GOOD (good.is) recently ran a campaign called Promote Women: Use your Network to Solve the Gender Gap.

They challenged us to 1) Think of three women in our industry who are undernoticed. 2) Think of three powerful people in our industry that we know personally. 3) Connect them! Recommend your under-noticed, under-paid and otherwise under-exposed women colleagues — and tell them you did.

I would like to extend this challenge to Metro's readers. Ladies, women, girls; present and future CEOs, presidents and professionals: be the mentor you needed. Cut the crap. Stop the gossip.

And extend your hand. Just before my board room presentation, both women walked to the front of the room, shook mine, and told me I'd do just fine.

And I flew. Mean girls — what mean girls? THIS was the way it should be.

@THEEDITRIX

Making classic butter chicken is easier than you may think

Butter chicken is an Indian staple that has become popular in North America. However, many people are intimated by what goes into making the delicious dish.

In her book, My Cooking Class Indian Basics, Jody Vassallo offers this step-by-step version to make it simple.

The dish is very rich so you may want to leave out the ghee at the end if you would like to reduce the amount of fat. You can also marinate the chicken overnight for a more intense flavour. Make sure you grill the chicken until it blackens slightly, Vassallo advises.

Ingredients

4 portions
Preparation: 20 minutes
Cooking: 40 minutes

- 2 lbs. (1 kg) boneless, skinless chicken thighs, cut into bite-sized pieces
- 3 tablespoons (45 ml) tandoori masala
- 1 tablespoon (15 ml) garlic ginger paste
- 1/2 cup (125 ml) plain yogurt
- 3 (14-ounce/398 ml) cans diced tomatoes
- 1 teaspoon (5 ml) garam masala
- 1/2 teaspoon (2 ml) paprika
- 1 cup (250 ml) light cream (20%)
- 2 tablespoons (30 ml) grated palm sugar or soft brown sugar
- 3 tablespoons (45 ml) chilled ghee
- ½ teaspoon (2 ml) salt
- 2 tablespoons (30 ml) chopped fresh cilantro

1 Preheat a grill. Put the chicken in a bowl, add the tandoori masala, garlic-ginger paste and yogurt and mix well, until the chicken is coated.

2 Arrange the chicken in a shallow baking dish and cook under the hot grill until tender.

3 Remove the chicken from the dish and set aside.

4 Pour the juices from the baking dish into a pan and add the tomatoes, garam masala, paprika, cream and sugar.

5 Bring the mixture to a boil and cook over high heat for 10 minutes, until the sauce is thick and creamy. Add the cooked chicken, the ghee and salt and simmer for 3 minutes, until the ghee melts and the chicken is heated through.

6 Sprinkle the cilantro on top and serve with lime wedges and freshly cooked rice. **RECIPE USED WITH PERMISSION FROM INDIAN BASICS: 82 RECIPES ILLUSTRATED STEP BY STEP BY JODY VASSALLO; FIREFLY BOOKS 2011 ($24.95 PAPERBACK)**

Butter Chicken

This recipe serves four. JAMES LYNDSAY, FIREFLY BOOKS 2011

Cookbook of the Week

Indian Basics: 85 Recipes Illustrated Step by Step

Ever wanted to try cooking an Indian meal but felt intimidated by ingredients or the cooking process?

In her book Indian Basics 85 Recipes Illustrated Step by Step, author Jody Vassallo visually guides the reader through every step of preparing an Indian meal.

Each recipe begins with a photo that displays the ingredients. Next, detailed, start-to-finish sequential pictures, accompanied by concise text, demonstrates the steps necessary to complete the dish. **METRO**

Cook away those gluten and lactose intolerance problems

During the many decades of her career, Barbara Kafka has worked hard to bring home cooked recipes that are delicious, approachable and ahead of the culinary curve.

This time, in her book The Intolerant Gourmet, she has tackled gluten- and lactose-free cooking, drawing on a wide vocabulary of ingredients and techniques to create richly flavoured dishes that seem lacking in nothing.

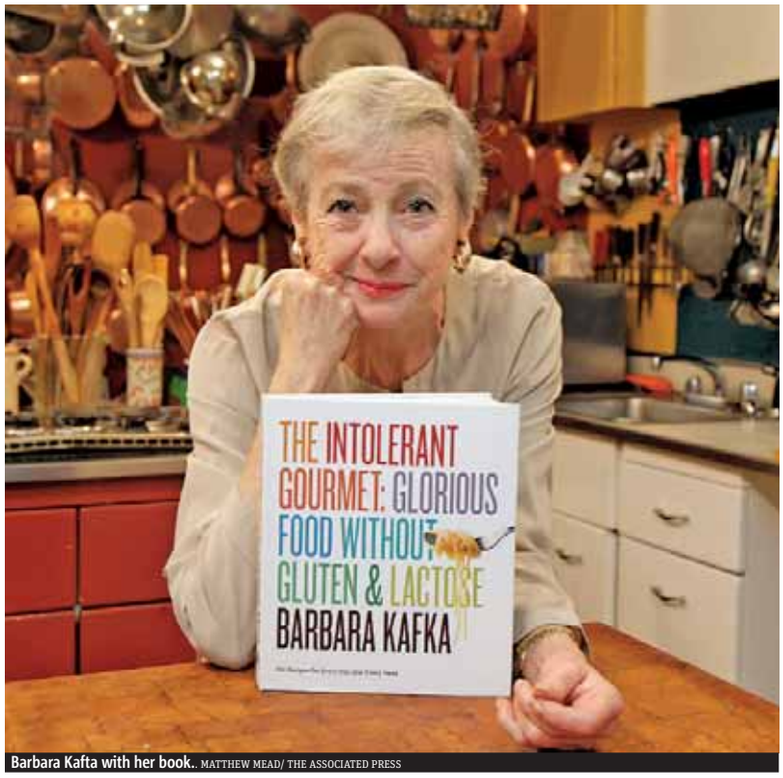
However, this isn't your typical book. It offers an enormous range of dishes (300 to be exact) that fit into many culinary traditions, including Asian, French, American, Italian and more.

Thanks to Kafta's creativity, you can say good-bye to the blandest of diets and indulge in such delights as Chicken with Chervil Sauce, Roasted Salmon with Dill Sauce, Cannellini and Mushroom Soup, Corn Relish, and Asian Noodle Salad.

This fragrant Tandoori Chicken Breast recipe hits the mark in both authenticity and dietary restrictions.

Make an extra portion of the sauce to use on salmon, which takes to it especially well.

THE ASSOCIATED PRESS



Barbara Kafta with her book.. MATTHEW MEAD/ THE ASSOCIATED PRESS

Gluten & Lactose Free Tandoor Chicken Breasts. Serve over rice

1 In sauté pan, heat 15 ml (1 tbsp) of oil over medium heat. When oil shimmers, reduce heat to low and add onion, garlic, salt, cardamom, cayenne, turmeric, cumin, mace, mustard, cinnamon, nutmeg and pepper. Cook, stirring occasionally, 10 mins. or until onion begins to turn translucent.

2 Transfer to blender. Add coconut milk and lime juice. Blend 1 min. until smooth. Coat both sides of each chicken breast with spice mixture. Place chicken breasts flat on a plate, cover with plastic wrap and refrigerate for 30 minutes.

3 Use remaining oil lightly coat a 25-by-20-cm (10-by-8-inch) baking or roasting pan. Place chicken breasts in an even layer in pan. Broil on rack in middle of the oven for 10 minutes, then turn chicken pieces over. Broil for 8 to 10 minutes longer. Remove from oven and serve immediately. **THE INTOLERANT GOURMET BY BARBARA KAFKA (ARTISAN, 2011)/ THE ASSOCIATED PRESS/ADAPTED BY EMILY RICHARDS (FOR MORE VISIT, EMILYRICHARDSCOOK.CA)**

MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients

- 22 ml (1 1/2 tbsp) canola
- 1 onion, finely diced
- 3 cloves garlic, thinly sliced
- 5 ml (1 tsp) kosher salt
- 2 ml (1/2 tsp) ground cardamom
- 2 ml (1/2 tsp) cayenne pepper
- 1.5 ml (1/3 tsp) turmeric
- 1 ml (1/4 tsp) ground cumin
- 1 ml (1/4 tsp) ground mace
- 0.5 ml (1/8 tsp) each dry mustard, cinnamon, nutmeg, black pepper
- 22 ml (1 1/2 tbsp) coconut milk
- 7 ml (1 1/2 tsp) lime juice
- 4 boneless, skinless chicken breasts (255 to 285 g/9 to 10 oz each)

MAKING A DIFFERENCE

STOCKBYTE/THINKSTOCK

FEMALE BUSINESS LEADERS REACH OUT TO YOUNG WOMEN

Female executives today are making a real difference in the workplace — and in the world. Four business leaders explain how.

BE A ROLE MODEL

"I hope to inspire young women to pursue their passion in their career choice, in particular those interested in high-tech roles and industries," says Suzanne Harrison, director of strategy planning and analysis for MTS Allstream's national marketing, and a 2012 recipient of a Leadership Excellence annual award from Canadian Women in Communications (CWC).

"My two young daughters inspire and motivate me to be a strong role model. I want them to know that they can do anything they want. All careers, all industries are within their reach."

SUPPORT MENTORSHIP PROGRAMS

"As former president of Wired Woman Vancouver, I led a team of volunteers to offer education, mentorship and networking opportunities for women in technology," says Cybele Negris, co-founder and president of Webnames.ca and recipient of numerous awards, including Canada's Top 100 Most Powerful Women in 2011 (from Women's Executive Network) and Business in Vancouver's Influential Women in Business Award in 2010.

"Girls need to be encouraged to pursue careers in technology. I also serve on boards because I believe that by improving the small business environment in B.C., the local economy thrives and makes B.C. a better place to raise a family and do business."

CHAMPION OTHER WOMEN

"Women are good at relationship management and being able to frame complex information in a way that the average person can understand," says Melissa Shin, managing editor, Advisor Group at Rogers Publishing Ltd., Toronto, and another CWC 2012 award recipient.

"One of our missions is to make sure women in financial services are visible and that they can connect and work with each other. We want to elevate women in this industry."

GIVE BACK

"As a social entrepreneur, it is important to work towards two bottom lines: Generating profit and making a social impact," says Rumeet Toor, president, Jobs in Education, founder, The Toor Centre for Teacher Education, and a WXN Top 100 award recipient.

"My support network has taught me the importance of resilience, challenging yourself and giving back along the way. I would suggest that integrating our professional and/or personal lives with wanting to help improve society is important."

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SHINING EXAMPLE

BOW VALLEY JEWELLERS OFFERS PERSONAL TOUCH

Tereza Hodgins

"It's about our customers and their needs, not about me," says Tereza Hodgins. But as her business partner points out: "When Tereza talks to customers, she just glows."

Hodgins's customers give her energy, which partly explains why she is co-owner of Bow Valley Jewellers today. When she arrived in Calgary more than a decade ago, she had no experience in the industry. She was simply looking for a fresh start. Bow Valley, then a brand-new business, proved the perfect fit.

"I was a part owner within months," Hodgins remembers. "I loved being out front, building relationships with the people. Jewelry is a very personal thing, you know. People get very emotional about their decisions."

Now in her 15th year, Hodgins remains the face of the business. She offers her customers thousands of affordable items, including Danish company Pandora's entire line of jewelry.

There is little you could ask for that Bow Valley doesn't sell. And if you do want something the store doesn't stock, Hodgins may still be able to help.

"I recall a young lady coming in looking for two Pandora charms," she says. "The design was retired, and none of the Pandora-affiliated stores in Calgary had it. However, a store in Edmonton did.

"I told her: I'm going to Edmonton for a gift show this weekend and I'll gladly buy what you need at no additional charge. With that promise, my right-hand-woman Tina and I set out for Edmonton. After a lot of wrong turns, we found both the store and the charms. And by Tuesday, Bow Valley Jewellers had another happy customer."

To find out more about Bow Valley Jewellers, visit bowvalleyjewellers.com.

4

SPORTS

NHL on Thursday

Jets make first trip to Vancouver

The first-ever meeting between the Vancouver Canucks and re-born Winnipeg Jets on Thursday night will have many intriguing subplots.

But the main storyline is becoming familiar. The Canucks will face yet another strong test from a team that is desperate to make the playoffs.

In the past 10 games, the Jets have gone 6-3-2, moving into contention for a first-place finish in the Southeast Division and home-ice advantage in the playoffs.

"They're going to be fired up, coming in," added Henrik Sedin. "They need to win and we need to match their work ethic."

THE CANADIAN PRESS

Alberta the easy winner in battle of Koe brothers

Yukon and Northwest Territories skip Jamie Koe, left, looks on as brother and Alberta skip Kevin Koe lines up a shot on Wednesday morning at the Tim Hortons Brier in Saskatoon. Kevin thumped his younger brother 11-3. The Territories (5-4) made it three losses in a row later in the day, losing to Manitoba's Rob Fowler 10-5. Manitoba (6-3) was victorious over Alberta (7-2) in a late match, but Alberta still has a chance to catch Ontario (8-1) for the top spot. Ontario and Alberta meet in the final round-robin draw Thursday.

JONATHAN HAYWARD/THE CANADIAN PRES

Jokinen deal could be tough sell

THE HOCKEY NEWS
Brian Costello
calgary@metronews.ca

Contract mayhem has broken loose in the NHL and the Flames can blame the Oilers and Maple Leafs for throwing a wrench in their plans to re-sign pending UFA Olli Jokinen.

Edmonton's recent two-year deal to keep Ales Hemsky at $5 million US per season followed up by Toronto's outlandish five-year pact to retain Mikhail Grabovski at $5.5 per raised the bar on what Jokinen expects and deserves.

Flames GM Jay Feaster surely had a predictable plan on how to handle the Jokinen negotiations — sell the 33-year-old Finn on the idea of a hometown discount. It worked last summer when dealing with Curtis Glencross and Alex Tanguay. Feaster was masterful in getting Glencross to sign for four years at $2.55 million, then Tanguay signed for less than market value ($3.5 million) in order to get term (five years.)

Glencross could have gotten $3.5 million as a UFA and the way he's scoring now, he's easily well into the $4-million range.

Jokinen negotiations

"If the Flames could get him to sign for $4 million, that would be a 'friendly' deal. I wouldn't go past $4.5 million, though."

But he's a Prairie boy with a family, including a newborn, and he wanted stability and familiarity more than extra cash. Tanguay was coming off a poor stint in Tampa Bay and knew he'd be in a good situation playing alongside Jarome Iginla.

So how does Feaster sell Jokinen on the hometown discount? Well, we know his wife and family absolutely love living in Calgary, have made it their home and have no interest in starting all over again in a seventh NHL city. Things didn't go that great in his previous two stops, Phoenix and New York.

Jokinen has evolved as a solid two-way player under coach Brent Sutter and there's noise out there that in a poor crop of UFAs, he could get $5 million or more, especially in light of the Hemsky/Grabovski deals. That may happen, but to me that would be overpaying for a player who has proven in Calgary he's best suited as a No. 2 centre and doesn't deserve No. 1 money.

Jokinen is making $3 million this season. If the Flames could get him to sign for $4 million, that would be a "friendly" deal. I wouldn't go past $4.5 million, though. He is 33, on the back nine of his career and in all likelihood will be coming off a season in which he again, for the 12th time in 13 years, didn't get his team into the playoffs. Calgary shouldn't be that much in love with Jokinen.

MLB

"I wasn't rushing. I thought I threw the ball well ... felt on time with my body and mechanics."

Blue Jays starter Brandon Morrow after allowing one hit in two innings in Toronto's 3-3 tie with the Boston Red Sox in a split-squad spring-training game Wednesday. The Jays' other squad lost 8-6 to Pittsburgh Pirates.

Soccer

Messi makes scoring history

Lionel Messi took his scoring prowess to yet another level on Wednesday, becoming the first player to net five goals in a Champions League game as Barcelona thrashed Bayer Leverkusen 7-1 Wednesday to ease into the quarter-finals.

The 24-year-old Messi took his overall season tally to 48 goals.

THE ASSOCIATED PRESS

NHL

Lupul, Armstrong out for Leafs

Toronto Maple Leafs forward Joffrey Lupul will be sidelined for three to four weeks with a separated shoulder.

Lupul was injured on a hit from David Krejci in Tuesday's 5-4 loss to the Boston Bruins. Colby Armstrong was also injured in the game, breaking his nose in a fight with Dennis Seidenberg.

THE CANADIAN PRESS

MLB

Darvish fans three in debut

Yu Darvish struck out three in two scoreless innings and made a run-saving play in his spring-training debut during the Texas Rangers' 6-2 win over a split squad of San Diego Padres on Wednesday.

Pitching exclusively out of the stretch, Darvish threw 36 pitches, 26 for strikes.

THE ASSOCIATED PRESS

NBA

Raptors beat Rockets

DeMar DeRozan poured in 23 points as the Toronto Raptors rode a rare offensive outburst to a 116-98 win over the Houston Rockets on Wednesday night.

Linas Kleiza added 19 points while Jose Calderon had 17 points and 12 assists for the Raptors (13-26), who wrapped up a 2-2 homestand.

THE CANADIAN PRESS

The Manning race begins

After being cut by the Colts Wednesday, Peyton Manning will have teams lining up to see if he's the right fit for them. Here's a look at some of the top contenders to sign the quarterback who's the only four-time MVP in NFL history.

THE ASSOCIATED PRESS

New York Jets

Coach Rex Ryan has repeatedly expressed his admiration and respect for Manning, and the Jets aren't far removed from winning.

They went to consecutive AFC championship games before in-fighting contributed to the team finishing 8-8 and missing the playoffs.

Miami Dolphins

When the Dolphins hired the offensive-minded Joe Philbin as coach in January, team officials privately said they would go after Manning if he became available.

Miami has money, terrific talent and warm weather: Three big selling points for the Dolphins.

Kansas City Chiefs

Matt Cassel was a Pro Bowl quarterback just two years ago, but a healthy Manning would be a step up. A big one.

The Chiefs also have a terrific trio of young playmakers in running back Jamaal Charles, wide receiver Dwayne Bowe and tight end Tony Moeaki. Manning would have people around him to make plays.

Arizona Cardinals

Certainly having Larry Fitzgerald there would give Manning a game-changing receiver. Arizona would also offer Manning a warm-weather climate.

The problem? Arizona made a big splash last offseason when it signed QB Kevin Kolb to a huge contract.

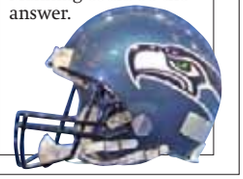
Washington Redskins

Owner Dan Snyder always seems to be in play when it comes to signing big-name free agents, and the Redskins are in major need of a quarterback.

Mike Shanahan has whiffed on three (Donovan McNabb, Rex Grossman and John Beck) in two years, and the Redskins are expected to pursue Manning if they can determine he's healthy.

Seattle Seahawks

QB Tarvaris Jackson toughed his way through a painful pectoral injury for more than half of last season, but was never overly impressive. Manning could be the answer.



'We all know that nothing lasts forever,' says emotional QB

Peyton Manning and the Indianapolis Colts ended their successful partnership with a tearful goodbye Wednesday, when team owner Jim Irsay released the star quarterback rather than pay a whopping $28-million bonus while there are lingering questions about his health.

"We all know that nothing lasts forever," Manning said. "Times change, circumstances change, and that's the reality of playing in the NFL."

Manning and Irsay each paused frequently, fighting tears with shaking voices, as they appeared together at a news conference at the Colts' team complex. It was an unusual and awkward scene, two men whose NFL lives have been so closely intertwined, standing side-by-side in jackets and ties as they told the world they were splitting up.

"This has not been easy for Jim," Manning said, "and this has certainly not been easy for me."

The 35-year-old Manning will become a free agent, and is expected to generate interest from a half-dozen or so NFL clubs, provided he's healthy. Manning is coming off a series of operations to his neck and missed all of last season when his team's record, not coincidentally, plummeted to 2-14.

"Peyton is on the mend to try to resume his career," Irsay noted.

Indianapolis needed to cut Manning this week to avoid paying him a bonus from the $90-million US, five-year contract he signed in July, although both owner and player insisted the decision was not really about money. The Colts are expected to take Stanford quarterback Andrew Luck with the No. 1 overall pick in April's draft.

Manning won't retire and hopes to be playing in the NFL to start next season.

Still, he said Wednesday: "I'll always be a Colt. I always will be. That'll never change."

THE ASSOCIATED PRESS

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NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-NY Rangers	65	42	16	2	5	180	137	91	22-7-0-2	20-9-2-3	5-3-1-1	L1
d-Boston	65	39	23	1	2	214	154	81	19-12-1-1	20-11-0-1	4-5-0-1	W1
d-Florida	65	31	22	5	7	163	184	74	16-9-1-7	15-13-4-0	4-5-0-1	W1
Pittsburgh	66	40	21	2	3	212	170	85	22-8-2-0	18-13-0-3	8-2-0-0	W7
Philadelphia	65	37	21	2	5	213	193	81	16-10-1-4	21-11-1-1	6-4-0-0	W3
New Jersey	66	37	24	2	3	184	176	79	17-12-0-3	20-12-2-0	5-4-1-0	W1
Ottawa	68	35	25	6	2	209	201	78	17-13-2-1	18-12-4-1	7-3-0-0	W1
Winnipeg	67	32	27	4	4	176	187	72	21-10-1-3	11-17-3-1	6-2-1-1	W2
Washington	66	32	28	3	3	175	188	70	21-10-1-2	11-18-2-1	4-5-1-0	L3
Buffalo	67	31	28	4	4	166	188	70	17-11-3-4	14-17-1-0	7-1-1-1	W1
Tampa Bay	66	31	29	3	3	187	226	68	20-10-1-1	11-19-2-2	7-3-0-0	L1
Toronto	67	30	30	4	3	200	209	67	16-13-3-2	14-17-1-1	2-7-1-0	L2
NY Islanders	66	28	29	6	3	154	190	65	15-14-5-0	13-15-2-2	4-5-1-0	W2
Carolina	67	25	27	9	6	177	203	65	17-13-1-5	8-14-8-1	4-2-2-2	L1
Montreal	67	25	32	2	8	174	189	60	12-15-2-6	13-17-0-2	2-7-0-1	L2

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-St. Louis	67	42	18	1	6	174	132	91	27-4-1-3	15-14-0-3	7-3-0-0	W2
d-Vancouver	67	41	18	1	7	211	166	90	19-8-0-4	22-10-1-2	5-3-1-1	L2
d-Dallas	67	36	26	1	4	179	180	77	18-12-0-3	18-14-1-1	7-1-1-1	W3
Detroit	67	43	21	1	2	211	156	89	27-4-1-1	16-17-0-1	5-4-0-1	L2
Nashville	66	38	21	3	4	188	171	83	21-8-2-3	17-13-1-1	6-3-0-1	L1
Chicago	68	36	25	4	3	203	200	79	22-7-1-3	14-18-3-0	6-4-0-0	L1
Phoenix	67	33	25	3	6	173	170	75	17-12-2-2	16-13-1-4	6-4-0-0	L4
San Jose	65	33	24	4	4	181	166	74	19-11-2-1	14-13-2-3	2-7-0-1	L3
Los Angeles	66	31	23	5	7	147	143	74	17-13-0-4	14-10-5-3	5-4-0-1	W2
Colorado	68	35	29	3	1	178	181	74	19-15-0-1	16-14-3-0	7-3-0-0	W2
Calgary	67	30	25	5	7	164	185	72	17-9-1-4	13-15-4-3	3-2-2-3	W1
Anaheim	67	29	28	4	6	170	188	68	18-14-2-0	11-14-2-6	5-4-0-1	W1
Minnesota	67	28	29	2	8	144	187	66	15-12-1-3	13-17-1-5	3-6-0-1	L5
Edmonton	66	26	34	2	4	175	198	58	16-13-2-2	10-21-0-2	4-6-0-0	W1
Columbus	66	21	38	2	5	156	216	49	12-18-1-2	9-20-1-3	5-4-1-0	W3

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
Pittsburgh 3 Toronto 2
Buffalo 3 Carolina 2 (OT)
Tuesday's results
Calgary 5 Montreal 4
Edmonton 3 San Jose 2 (SO)
Ottawa 7 Tampa Bay 3
Boston 5 Toronto 4
Dallas 5 Vancouver 2
Carolina 4 Washington 3 (OT)
Colorado 7 Minnesota 1
Columbus 3 Phoenix 2
Los Angeles 5 Nashville 4
New Jersey 4 N.Y. Rangers 1
Philadelphia 3 Detroit 2
St. Louis 5 Chicago 1
Tonight's games
All Times Eastern
Buffalo at Boston, 7 p.m.
N.Y. Islanders at New Jersey, 7 p.m.
Florida at Philadelphia, 7 p.m.
Tampa Bay at Washington, 7 p.m.
Los Angeles at Columbus, 7 p.m.
N.Y. Rangers at Ottawa, 7:30 p.m.
Anaheim at St. Louis, 8 p.m.
Colorado at Nashville, 8 p.m.
San Jose at Dallas, 8:30 p.m.
Minnesota at Phoenix, 9 p.m.
Montreal at Edmonton, 9:30 p.m.
Winnipeg at Vancouver, 10 p.m.
Tomorrow's games
Florida at Pittsburgh, 7 p.m.
Los Angeles at Detroit, 7:30 p.m.
N.Y. Rangers at Chicago, 8:30 p.m.
Winnipeg at Calgary, 9 p.m.
Saturday's games
Washington at Boston, 1 p.m.
Edmonton at Colorado, 3 p.m.
Philadelphia at Toronto, 7 p.m.
Buffalo at Ottawa, 7 p.m.
New Jersey at N.Y. Islanders, 7 p.m.
Carolina at Tampa Bay, 7 p.m.
Columbus at St. Louis, 8 p.m.
Detroit at Nashville, 8 p.m.
Anaheim at Dallas, 8 p.m.
San Jose at Phoenix, 8 p.m.
Montreal at Vancouver, 10 p.m.

PENGUINS 3, MAPLE LEAFS 2

First Period
No Scoring.
Penalties — Rosehill Tor (high-sticking) 6:39, Rosehill Tor (charging) 14:09, Neal Pgh (slashing) 15:15, Malkin Pgh (high-sticking) 18:56, Liles Tor (double high-sticking) 20:00.
Second Period
1. Toronto, Kessel 34 (Gardiner, Bozak) 1:00
2. Toronto, Gunnarsson 4 (Grabovski, MacArthur) 7:36
3. Pittsburgh, Pa.Dupuis 16 (Niskanen, Staal) 9:25
Penalty — Staal Pgh (tripping) 0:12.
Third Period
4. Pittsburgh, Staal 22 (Orpik, Pa.Dupuis) 1:34
5. Pittsburgh, Pa.Dupuis 17 (Sullivan, Lovejoy) 4:10
Penalty — Neal Pgh (holding stick) 13:05.
Shots

Toronto	3	10	11	24
Pittsburgh	11	10	12	33

Goal — Toronto: Gustavsson (L,17-15-2); Pittsburgh: Thiessen (W,2-0-0). **Power plays (goals-chances)** — Toronto: 0-4; Pittsburgh: 0-4.
Referees — Ghislain Hebert, Dan O'Rourke.
Linesmen — Brian Murphy, Thor Nelson.
Att. — 18,539 (18,387).

SCORING LEADERS

	G	A	PT
Stamkos, TB	48	33	81
Malkin, Pgh	38	43	81
Giroux, Pha	24	53	77
Spezza, Ott	28	44	72
Kessel, Tor	34	37	71
Lupul, Tor	25	42	67
Karlsson, Ott	16	51	67
H.Sedin, Vcr	13	53	66
D.Sedin, Vcr	28	36	64
Hossa, Chi	27	37	64
Kovalchuk, NJ	26	38	64
Eberle, Edm	30	33	63
Tavares, NYI	26	37	63
Elias, NJ	22	41	63

CURLING

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All Times Eastern

ROUND-ROBIN

Province (Skip)	W	L
x-Ontario (Howard)	8	1
x-Alberta (K. Koe)	7	2
Manitoba (R. Fowler)	6	3
Northwest Territories/Yukon (J. Koe)	5	4
Northern Ontario (Jacobs)	5	4
New Brunswick (T. Odishaw)	4	5
Nova Scotia (J. Murphy)	4	5
British Columbia (Cotter)	4	5
Newfoundland & Labrador (Gushue)	3	6
Quebec (Desjardins)	3	6
P.E.I. (Gaudet)	3	6
Saskatchewan (Manners)	2	7

x — clinched playoff berth
Yesterday's results
DRAW 12
Alberta 11 Northwest Territories/Yukon 3
Newfoundland & Labrador 10 Saskatchewan 6
Northern Ontario 9 Quebec 2
Ontario 8 British Columbia 4
DRAW 13
Manitoba 10 Northwest Territories/Yukon 5
New Brunswick 9 Saskatchewan 8
Ontario 10 Prince Edward Island 5
Quebec 7 Nova Scotia 6
DRAW 14
Manitoba 8 Alberta 5
New Brunswick 6 Newfoundland & Labrador 4
Northern Ontario 11 Nova Scotia 4
Prince Edward Island 7 British Columbia 5
Tuesday's results
NINTH DRAW
Alberta 8 Newfoundland & Labrador 1
British Columbia 7 Northern Ontario 3
Manitoba 10 Nova Scotia 7
Prince Edward Island 8 New Brunswick 6
DRAW 10
Newfoundland & Labrador 8 British Columbia 6
Northern Ontario 7 Alberta 6
Northwest Territories/Yukon 8 Quebec 7 (extra end)
Ontario 7 Saskatchewan 5 (extra end)
DRAW 11
Nova Scotia 10 Saskatchewan 7
Ontario 8 Manitoba 4
Prince Edward Island 0 Northwest Territories/Yukon 6
Quebec 8 New Brunswick 3
Today's games
DRAW 15, 9:30 A.M.
Ontario vs. Nova Scotia; Saskatchewan vs. Manitoba; Northwest Territories/Yukon vs. New Brunswick; Prince Edward Island vs. Quebec.
DRAW 16, 2:30 P.M.
Newfoundland & Labrador vs. Prince Edward Island; British Columbia vs. New Brunswick; Northern Ontario vs. Manitoba; Nova Scotia vs. Alberta.
DRAW 17, 7:30 P.M.
Northwest Territories/Yukon vs. British Columbia; Quebec vs. Newfoundland & Labrador; Ontario vs. Alberta; Northern Ontario vs. Saskatchewan.
Tomorrow's games
TIEBREAKERS (IF REQUIRED)
One Draw — 1:30 p.m.
Two Draws — 9:30 a.m. and 1:30 p.m.
Three Draws — 9:30 a.m., 1:30 and 7:30 p.m.
PAGE PLAYOFFS
One vs. Two, 7:30 p.m.
Saturday's games
PAGE PLAYOFFS
Three vs. Four, 2:30 p.m.
SEMIFINAL
One-Two loser vs. Three-Four winner, 8 p.m.
Sunday's games
THIRD PLACE
Semifinal loser vs. Three-Four loser, 10 a.m.
CHAMPIONSHIP
One-Two Winner vs. Semifinal winner, 7 p.m.

SOCCER

CONCACAF CHAMPIONS LEAGUE

All Times Eastern

QUARTER-FINALS

FIRST LEG
Last night's results
Toronto FC 2 LA Galaxy (U.S.) 2
Seattle Sounders (U.S.) vs. Santos (Mexico)
Tuesday's result
Morelia (Mexico) 1 Monterrey (Mexico) 3
Tonight's game
Isidro Metapan (El Salvador) vs. Pumas (Mexico), 8 p.m.
SECOND LEG
Tuesday, March 13
Monterrey (Mexico) vs. Morelia (Mexico), 10 p.m.
Wednesday, March 14
Santos (Mexico) vs. Seattle Sounders (U.S.), 8 p.m.
LA Galaxy (U.S.) vs. Toronto FC (Canada), 10 p.m.
Thursday, March 15
Pumas (Mexico) vs. Isidro Metapan (El Salvador), 10 p.m.

EUROPEAN CHAMPIONS LEAGUE

ROUND OF 16

SECOND LEG
Yesterday's results
APOEL Nicosia (Cyprus) 1 Lyon (France) 0
(1-1 on aggregate. APOEL advances 4-3 on penalties)
Barcelona (Spain) 7 Bayer Leverkusen (Germany) 1
(Barcelona advances 10-2 on aggregate)
Tuesday's results
Arsenal (England) 3 AC Milan (Italy) 0
(AC Milan advances 4-3 on aggregate)
Benfica (Portugal) 2 Zenit St. Petersburg (Russia) 0
(Benfica advances 4-3 on aggregate)

ITALY

SERIE A

Team	GP	W	D	L	GF	GA	Pts
AC Milan	26	16	6	4	53	22	54
Juventus	26	13	13	0	39	17	52
Lazio	26	14	6	6	41	30	48
Udinese	26	13	7	6	37	23	46
Napoli	26	11	10	5	44	25	43
Roma	26	11	5	10	39	33	38
Inter Milan	26	11	4	11	36	36	37
Catania	26	8	11	7	34	35	35
Palermo	26	10	4	12	39	43	34
Chievo Verona	26	9	7	10	22	31	34
x-Atalanta	26	9	11	6	30	28	32
Fiorentina	26	8	8	10	27	27	32
Bologna	26	8	8	10	26	30	32
Genoa	26	9	5	12	35	48	32
Cagliari	26	7	10	9	23	29	31
Parma	26	7	8	11	32	41	30
Siena	26	7	8	11	30	28	29
Lecce	26	6	7	13	30	42	25
Novara	26	3	8	15	21	46	17
Cesena	26	4	5	17	16	40	17

x-penalized 6 points in betting scandal
Yesterday's results
Bologna 1 Juventus 1
Cesena 0 Catania 0
Parma 2 Fiorentina 2
Tomorrow's games
Inter Milan at Chievo Verona
Cagliari at Napoli

ENGLAND

FA CUP

FIFTH ROUND — REPLAY
Yesterday's result
Tottenham 3 Stevenage 1

MLB

SPRING TRAINING

AMERICAN LEAGUE

	W	L	Pct
Boston	3	0	1.000
Detroit	5	0	1.000
Seattle	5	1	.833
Los Angeles	2	1	.667
Oakland	4	2	.667
Kansas City	3	2	.600
Toronto	3	2	.600
Baltimore	2	2	.500
Cleveland	2	2	.500
Minnesota	3	3	.500
Texas	2	2	.500
New York	2	3	.400
Tampa Bay	1	4	.200
Chicago	0	3	.000

NATIONAL LEAGUE

	W	L	Pct
Houston	4	1	.800
Milwaukee	2	1	.667
San Francisco	3	2	.600
Chicago	2	2	.500
Cincinnati	2	2	.500
Los Angeles	1	1	.500
New York	2	2	.500
Washington	2	2	.500
Philadelphia	2	3	.400
Pittsburgh	2	3	.400
Colorado	1	2	.333
Miami	1	2	.333
Arizona	1	4	.200
Atlanta	1	4	.200
San Diego	1	4	.200
St. Louis	0	2	.000

NOTE: Split-squad games count in the standings; games against non-major league teams do not.
Yesterday's results
Tampa Bay 4 N.Y. Yankees 0
Washington 3 St. Louis 3
Houston 10 Philadelphia 3
N.Y. Mets 7 Miami 0
Baltimore 6 Minnesota 0
Detroit 5 Atlanta 1
Toronto (ss) 3 Boston 3
Toronto (ss) 8 Pittsburgh 6
Chicago Cubs 6 Kansas City 4
San Francisco 8 Colorado 6
Texas 6 San Diego (ss) 2
Milwaukee 10 Chicago White Sox 6
Seattle 6 L.A. Angels 4
Oakland 3 L.A. Dodgers 3, tie
San Diego (ss) 5 Cincinnati 0
Cleveland 10 Arizona 2

LACROSSE

NLL

	GP	W	L	Pct.	GF	GA	GB
EAST DIVISION							
Toronto	8	4	4	.500	94	96	—
Philadelphia	8	4	4	.500	88	100	—
Rochester	9	4	5	.444	113	111	½
Buffalo	7	2	5	.286	83	92	1½
WEST DIVISION							
Colorado	8	7	1	.875	109	107	—
Calgary	8	5	3	.625	106	90	2
Minnesota	8	5	3	.625	103	92	2
Edmonton	6	2	4	.333	64	61	4
Washington	8	2	6	.250	79	100	5

Week Nine
WEEK 10
Tomorrow's games
All times Eastern
Philadelphia at Toronto, 7:30 p.m.
Calgary at Edmonton, 9 p.m.
Saturday's games
Boston at Rochester, 1:05 p.m.
Edmonton at Calgary, 9 p.m.
Washington at Colorado, 9 p.m.
Sunday's game
Colorado at Washington, 8 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Chicago	33	8	.805	—
d-Miami	30	9	.769	2
Orlando	25	15	.625	7½
d-Philadelphia	23	17	.575	9½
Indiana	23	14	.622	8
Atlanta	23	16	.590	9
Boston	20	18	.526	11½
New York	18	21	.462	14
Milwaukee	15	24	.385	17
Cleveland	14	23	.378	17
Toronto	13	26	.333	19
Detroit	13	26	.333	19
New Jersey	13	27	.325	19½
Washington	9	29	.237	22½
Charlotte	5	32	.135	26

WESTERN CONFERENCE

	W	L	Pct	GB
d-Oklahoma City	31	8	.795	—
d-San Antonio	26	12	.684	4½
d-L.A. Clippers	22	15	.595	8
Memphis	22	15	.595	8
L.A. Lakers	23	16	.590	8
Dallas	23	17	.575	8½
Denver	22	18	.550	9½
Minnesota	21	19	.525	10½
Houston	21	19	.525	10½
Utah	19	19	.500	11½
Portland	19	20	.487	12
Phoenix	17	21	.447	13½
Golden State	15	20	.429	14
Sacramento	12	26	.316	18½
New Orleans	9	29	.237	21½

d — division leaders ranked in top four positions regardless of record.

Last night's results
Utah 99 Charlotte 93
Toronto 116 Houston 98
Washington 106 L.A. Lakers 101
Philadelphia 103 Boston 71
Miami 89 Atlanta 86
Oklahoma City 115 Phoenix 104
Minnesota 106 Portland 94
Chicago 106 Milwaukee 104
New Jersey 101 L.A. Clippers 100
San Antonio 118 New York 105
Cleveland 100 Denver 99
New Orleans at Sacramento
Memphis at Golden State
Tuesday's results
Charlotte 100 Orlando 84
Atlanta 101 Indiana 96
Boston 97 Houston 92 (OT)
Detroit 88 L.A. Lakers 85 (OT)
Miami 108 New Jersey 78
Dallas 95 New York 85
Tonight's games
All Times Eastern
Orlando at Chicago, 8 p.m.
Dallas at Phoenix, 10:30 p.m.
Tomorrow's games
New Jersey at Charlotte, 7 p.m.
Utah at Philadelphia, 7 p.m.
Portland at Boston, 7:30 p.m.
Atlanta at Detroit, 7:30 p.m.
Cleveland at Oklahoma City, 8 p.m.
L.A. Lakers at Minnesota, 8 p.m.
L.A. Clippers at San Antonio, 8:30 p.m.
New York at Milwaukee, 8:30 p.m.
New Orleans at Denver, 9 p.m.
Dallas at Sacramento, 10 p.m.

CALENDAR

April 26 — Regular season ends
April 27 — Rosters set for playoffs, 3 p.m. ET
April 28 — Playoffs begin.
April 29 — Draft early entry eligibility deadline, 11:59 p.m. ET
May 30 — Draft lottery
June 12 — NBA Finals begin (possible move up to June 10)

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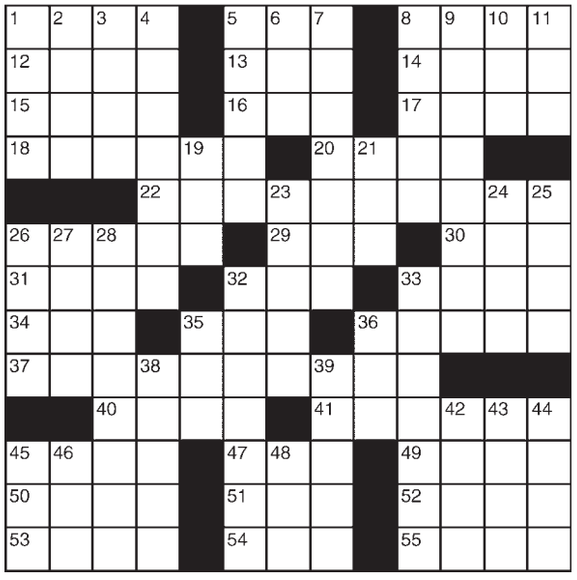
Crossword



Across

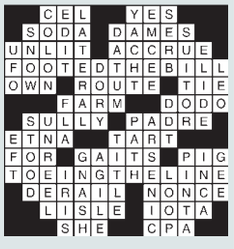
1 Paddock papa
5 Rotating part
8 Lateen-rigged boat
12 Mideastern gulf
13 "The Greatest"
14 Architect Saarinen
15 Paper quantity
16 Under the weather
17 George Herman Ruth
18 Damage
20 Praise highly
22 Conclusive proof
26 Grip
29 Trigger's rider
30 Id counterpart
31 See 36-Across
32 Victory
33 Auction
34 — out a living
35 Lubricate
36 With 31-Across, 1957 Pat Boone hit
37 Forefront of activity
40 From square one
41 Etta James classic
45 "The Forsyte —"
47 $ dispenser
49 Perjurer
50 Paradise
51 Unruly group
52 Advan-tage
53 "The Da Vinci —"
54 "Mayday!"
55 Dilbert's workplace

Down

1 Ganges garment
2 Footnote word
3 Harvest
4 As a group
5 Egypt's capital
6 The whole enchilada
7 Top prize on many recent game shows
8 Fix, as software
9 Hats
10 Sphere
11 Misery
19 Mischievous tyke
21 Whatever number
23 Baleen whale's fodder
24 Wrinkly citrus
25 Christmas refrain
26 Staff leader?
27 Norse trickster god
28 Did a mean job?
32 Some Native American homes
33 Relieved
35 Individual
36 Pismire
38 Crazy
39 Poetic feet
42 Staffer
43 Droops
44 "Star —"
45 Moment
46 Commotion
48 Excessively

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Yesterday's answer



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer

Send a kiss

- **Laughing.** He who has the last laugh laughs hardest and longest! =) From Out Loud
- **Sweet Art.** It took everything I had to give you a cupcake on Valentine's Day, and despite its heart box I felt that you didn't completely understand... Please open your eyes and look my way - I want to bake the next batch together with you. Boy Over Flour.
- **Yummi.** I hope that one day you will see this message that I left you just so you know how I feel. I want to tell you everyday but I can never find the courage. I think you're amazing, in every way. If there's one thing I know for sure it's how you make me feel. Me
- **Sebastion.** here i am<3 you just pucker up your lips like dis:P From fern
- **The Truth.** The truth is love, and no matter how much it's tough sometimes because love is a process of evolving and becoming more holy, we will all be ok. Just relax and let love grow. Monumental is the expression, in honesty, which can only create a happier, more honest truth to your life. Trust in your deeper way of feeling, and let it shine!

Weather

TODAY	FRIDAY	SATURDAY
MAX: 10° MIN: -1°	MAX: 11° MIN: 6°	MAX: 7° MIN: -5°

BT BREAKFAST TELEVISION

ANDREW SCHULTZ
WEATHER SPECIALIST
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta".
WEEKDAYS 5:30 AM

Horoscope

Aries | March 21 - April 20. Resist the urge to change methods for no good reason. New ways are not always better ways.

Taurus | April 21 - May 21. Moderation is a must today. If you fly too high, for whatever reason, the full moon will bring you back to earth with a bump.

Gemini | May 22 - June 20. Someone in a position of authority will make you an offer you find hard to refuse.

Cancer | June 21 - July 22. If you let your imagination get the better of you, chances are you will overreact to something that isn't worth getting worked up about.

Leo | July 23 - Aug. 22. Both the sun and moon highlight the more materialistic areas of your chart at the moment.

Virgo | Aug. 23 - Sept. 22. Because today's full moon takes place in your birth sign, you may find it hard keeping your feelings under wraps. That's not bad.

Libra | Sept. 23 - Oct. 22. Whether or not you enjoy what you have to do today depends entirely on your attitude.

Scorpio | Oct. 23 - Nov. 21. If you want to show that you're not the secretive, suspicious textbook Scorpio type now is the time.

Sagittarius | Nov. 22 - Dec. 21. Try not to come on too strong today, especially at work.

Capricorn | Dec. 22 - Jan 20. You're in a positive frame of mind and that's good, but someone will try to burst your bubble over the next 24 hours.

Aquarius | Jan. 21 - Feb 18. If you get involved in a war of words today your rivals may start thinking you have something to hide, and it could be that you do!

Pisces | Feb. 19 - March 20. Don't give up on a relationship just because it is going through a rough patch. **SALLY BROMPTON**

Caption Contest

"What effect shall we cause today?"
Beth

RACHEL DENNY CLOW, CORPUS CHRISTI CALLER-TIMERS/ THE ASSOCIATED PRESS

Win!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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